Contents lists available at ScienceDirect

Labour Economics

journal homepage: www.elsevier.com/locate/labeco

Best and brightest? The impact of student visa restrictiveness on who attends college in the US*

Mingyu Chen^a, Jessica Howell^b, Jonathan Smith^{c,*}

^a IZA Institute of Labor Economics, Germany ^b The College Board, United States

^c Georgia State University, United States

ARTICLE INFO

JEL classification: I21 I23 F22 J15

Keywords: Immigration policy Migration Human capital investment International student F-1 visa Student visa China

1. Introduction

International students are among the largest flows of international migrants. In 2017, over 5.3 million postsecondary students studied abroad, double the number in 2003 (UNCESCO, 2020). The US has historically been the most popular destination. Through the F-1 student visa program, more than 1 million international students seek higher education in the US (IIE, 2019) and spend over 45 billion dollars each year (Chen, 2021). The F-1 visa brings more highly educated migrants to the US than any other immigration program.¹ Advocates of immigration and international education stress the value of international students, such as intellectual excellence and support for the skilled labor force. However, we know little about international students' academic credentials and how immigration policies influence their decision to attend colleges in the US.

After being admitted to a school, international students need to apply for an F-1 visa in order to legally enter the US. While the F-1 visa has no official cap, its issuance is far from certain. For examples, recent immigration policies and the COVID-19 pandemic have created massive uncertainty for obtaining student visas (Fischer, 2020). Before the pandemic, in the wake of trade tensions between the US and China, the Chinese government warned students about their prospects of receiving a visa (Redden, 2019). Fig. 1 shows that the F-1 visa refusal rate is 27 percent worldwide in 2017, with substantial variation across regions and over time.² Because both applying to US colleges and visas are costly, changes in the expected chances of obtaining a visa may influence who iconsiders, applies, and enrolls in the US.

In this paper, we provide the first evidence on whether the US attracts high academic ability international undergraduates, and how the F-1 visa restrictiveness affects the college application process and

Corresponding author.

¹ Based on authors' calculations of all skilled visa programs from DOS (2019).

https://doi.org/10.1016/j.labeco.2023.102385

Received 25 March 2022; Received in revised form 24 April 2023; Accepted 1 May 2023 Available online 10 May 2023 0927-5371/© 2023 Elsevier B.V. All rights reserved.

ABSTRACT

Before the COVID-19 pandemic, student F-1 visa applicants faced a 27 percent refusal rate that varies by time and region. Recent immigration policies have created uncertainty in whether international students will receive their visas. Using data on the universe of SAT takers between 2004 and 2015 matched with college enrollment records, we examine how the anticipated F-1 visa restrictiveness influences the enrollment of international students in the US. Using an instrumental variables approach, we find that a higher anticipated F-1 student visa refusal rate decreases the number of international SAT takers, decreases the probability of sending SAT scores to US colleges, and decreases international student enrollment in the US. The decreases are larger among international students with higher measured academic achievement. We also document academic achievement of international students and show that over 40 percent of high-scoring international SAT takers do not pursue US college education.







^{*} We thank Leah Boustan, Will Dobbie, Henry Farber, Elisa Jacome, Alexandre Mas, Cecilia Rouse, and seminar participants at APPAM International, Georgia State University, and PAA for their helpful comments. Fangyi Xie provided excellent research assistance. Mingyu Chen benefited from generous financial support from the Industrial Relations Section at Princeton University and the Fellowship of Woodrow Wilson Scholars. This paper does not reflect the views of the College Board. Any errors are our own. This work was done prior to Mingyu Chen joining Amazon.

E-mail addresses: mingyuc@alumni.princeton.edu (M. Chen), jhowell@collegeboard.org (J. Howell), jsmith500@gsu.edu (J. Smith).

² We use "region" to represent the place of origin identified in the data for ease of exposition. We avoid using "country" because not all geographic units in our data are countries (e.g., Hong Kong).



(a) F-1 student visa refusal rates over time



(b) F-1 student visa refusal rates across regions in 2017

Fig. 1. Aggregate F-1 visa refusal rates.

Note: Data are obtained from the US Department of State via Freedom of Information Act requests. The refusal rates are adjusted for denials that are later overcome or waived. VWP members are regions in the Visa Waiver Program (for B visas). Figure (b) includes data for 135 regions not covered by the VWP in 2017.

enrollment. To address these questions, we compile a student-level dataset that contains information on demographics, SAT scores, SAT score sends, and US college enrollment for the universe of international SAT takers between 2004 and 2015—many of which do not ultimately enroll in the US. We match our data with region-year visa refusal rates to measure visa restrictiveness.

Understanding who comes to the US to study and why are of particular importance for higher education and high-skilled labor supply. First, international students usually pay full tuition, which subsidizes US institutions, especially those facing increased tuition and decreased state appropriations (e.g., Bound et al., 2020; Chen, 2021). Second, the answers to our questions are central to influence skilled labor force and have broad implications for immigration policies relating to brain drain and brain gain (e.g., Docquier and Rapoport, 2012; Kerr, 2018). Even though many international students return home shortly after graduation (Chen, 2019), they have become the major supply of skilled foreign workers for US employers. In 2017, half of H-1B work visas approved for new employment were awarded to students on an F-1 visa, and most

of them work in STEM jobs.³ In addition, F-1 visa holders are eligible to work after graduation through the Optional Practical Training (OPT) program, which is cap-free and requires students to work in a field directly related to their major. The OPT issuance has well surpassed H-1B visa issuance in recent years (Amuedo-Dorantes et al., 2021). Hence, policies that affect the number or composition of international students can have more direct impacts on specific occupation/skill supply.

Our paper begins by documenting the academic ability of international students who enroll in US colleges. We show that on average, international students have stronger credentials than domestic students on multiple measures of academic ability. For example, international students score 0.64 standard deviations (SD) higher on the SAT, with 0.93 SD higher on the math section. The international-US SAT gap is driven by the fact that many top-sending regions have more academically prepared secondary students, based on the worldwide assessment, PISA, and the selection into who enrolls in US colleges is more positive among international students than US students. The SAT gap is consistent with that the graduation rate for international students is 10 percentage points (pp) higher than for domestic students.

We also show that the expansion of international enrollment in the last decade is driven by high-scoring SAT international students. The ability distribution of international students has shifted over time. In 2015, international students in the US were 20 percent more likely to have an SAT score in the top quartile than in 2004. China is the primary driving force: Over 40 percent of high-scoring international students are Chinese in 2015 versus 2 percent in 2004. The rise of Chinese students coincides with a period of decline in its student visa refusal rate.

To motivate our visa policy analysis, we show that many prospective international students who invest in the US college application process never come. Less than half of international SAT takers send test scores to US colleges, and fewer than 30 percent eventually enroll in the US.⁴ Furthermore, although US enrollment probability increases in SAT scores, more than half of high-scoring international SAT takers do not end up enrolling in the US.

Before international students can know whether they can enter the US on an F-1 visa, they have to pay significant psychological and monetary costs upfront to apply to US colleges and for visas. Hence an increase in expected visa restrictiveness can decrease the expected benefit of investing in the college application process, such as taking the SAT and sending test scores. We refer to this discouragement of action as the chilling effect. To assess the impact of anticipated F-1 visa restrictiveness on foreign investment in US college education, we study outcomes for SAT taking, SAT score sending, and enrollment. We measure expected visa restrictiveness with visa refusal rates faced by international students around the time of deciding whether to take the SAT and send scores.

Our identification strategy addresses two potential biases that can prevent a causal estimate of the impact of F-1 visa refusal rate on college outcomes. First, simultaneity bias may arise because the refusal rate can be driven by changes in the supply of students (e.g., less qualified visa applicants) and not the restrictiveness of the visa policy. To address this, we isolate the variation in visa restrictiveness for US entry by instrumenting the F-1 refusal rate with the visitor visa refusal rate, which is not driven by student visa applicants.

Second, both student and visitor visa refusal rates may be affected by region factors that also affect education decisions (e.g., the relation with the US). To address the potential omitted variable bias, we include region and year fixed effects to control for any region-specific factors that are time invariant (e.g., whether a US ally) and overall time trends (e.g., globalization of education). We also include a set of region-yearlevel controls, such as trade with the US and economic growth. Furthermore, when estimating heterogenous treatment effects, we include region-year fixed effects to capture remaining unobserved region-year factors. In practice, the instrument makes an important difference to our estimates, but the controls for omitted variables do not. Our results are robust to a set of sensitivity checks.

We find that a higher F-1 visa refusal rate discourages international students from taking the SAT and sending their scores to US colleges. On average, a 10 percent increase in the F-1 visa refusal rate decreases the number of international SAT takers by 7.4 percent and the probability of sending scores to a US college by 3.7 percent, conditional on taking the SAT. Furthermore, conditional on sending scores, students send scores to slightly more selective US institutions. Our estimates show that a 10 percent increase in the F-1 visa refusal rate leads to a 12.2 percent decrease in new international enrollment, with about 60 percent through the effect on SAT taking and 40 percent via the effect on score sending.

Importantly, we find that students with higher SAT scores are more responsive to the expected visa restrictiveness. A 10 percent increase in the F-1 visa refusal rate decreases the median SAT score of international SAT takers by 0.04 SD and the share of takers above the 75th SAT percentile by 2 pp. The probability of sending test scores to a US college is reduced nearly double the amount for high-scoring students than for low-scoring students. Consequently, the enrollment impact on high-scoring students is larger than low-scoring students. We discuss potential explanations, such as differences in outside options and use of information, in Section 7.5.

Our paper makes direct contributions to the literature on international migration. A large number of research has studied theories and empirical evidence on the determinants of brain drain (e.g., Beine et al., 2001; Beine et al., 2008; Docquier and Rapoport, 2012; Kerr, 2018). Bertoli and Moraga (2013) find that the attractiveness of alternative destination (referred as "multilateral resistance") is a key factor for migration. International education is a key channel for the brain drain of highly educated students and future workers. Kato and Sparber (2013) and Shih (2016) find that a reduction in the chance of working in the US after graduation decreases the number international students who send scores to and enroll in US colleges.

We examine how the decision on investing US education from international students responds to changes in the expected chances of obtaining a student visa.⁵ Our student-level data allow us to evaluate the impact of F-1 visa policy on individual score-sending decisions and enrollment outcomes. We are able to create a measure of enrollment inflow instead of stock for our region-level analysis. From a policy perspective, if the US wants to attract more international undergraduate students—either for "brain gain" or to subsidize colleges—our results suggest that easing visa restrictiveness is a path to consider.

Research on international students has been limited and traditionally focused on graduate students before the mid-2000s (e.g., Bound et al., 2009; Shih, 2017). There is rising interest in international undergraduates, likely as a result of their swelling numbers and new data efforts.⁶ Studies find that reductions in state appropriations have led to increases in international undergraduates at public universities (Bound et al., 2020), and China's trade liberalization is an important factor for driving Chinese student expansion in the US (Khanna et al., 2020). In addition, while international undergraduates subsidize in-state students and lead to an increase in domestic college graduates (Chen, 2021), they push domestic students from STEM majors to high-income social science majors (Anelli et al., 2023). Lastly, Chen (2019) finds that US-educated Chinese students face more labor market challenges than Chinese-educated

³ Authors' calculation using administrative data from US Citizenship and Immigration Services.

⁴ Studies proxied applications using score sending (Card and Krueger, 2005; Pallais, 2015; Smith, 2018).

⁵ Relatedly, Shih (2017) uses F-1 visa issuance to construct an instrument for foreign student enrollment.

⁶ Between the 2006–07 and 2016–17 academic years, international student enrollment in the US increased 48 percent for graduate students and 84 percent for undergraduates. More than half are undergraduates.

when they return home. Due to data limitations, previous studies have only been able to provide statistics on enrollment levels and not on the composition of international students based on measures of academic ability.

Our paper differs from prior work by compiling a rich student-level dataset to answer a different line of questions. Using various measures of academic ability, we provide the first evidence that the US has attracted high-achieving international students who provide potential benefits to campuses, such as peer quality, beyond finance. In addition, unlike most of the immigration literature—which only observes migrants in the US—we also observe prospective students who have shown some interest in seeking a US education. We show that a large fraction of high-achieving SAT takers do not come, suggesting that there is some low-hanging fruit for US colleges and, perhaps, the labor market as well.

In Section 2, we discuss our data sources and compare our data with the few external data sources on international students. Section 3 presents descriptive statistics on the academic ability for international students in the US and compares them with those for US students. We also discuss why international students have higher scores and document trends in the ability distribution. Section 4 documents our outcomes of interest for the visa policy analysis, and Section 5 describes the relevant institutional backgrounds and variation in visa refusal rates. Section 6 presents our empirical strategy to estimate the impact of visa restrictiveness, and Section 7 presents the results and our discussion. Section 8 concludes.

2. Data

Our primary data are the universe of over 15 million SAT takers from the 2004–2015 high school graduating cohorts. The SAT is one of two primary standardized tests for US college admissions. Throughout the paper, we consider SAT scores from the math and verbal section, each of which has a minimum of 200 and a maximum of 800, making the combined score between 400 and 1600.⁷ Along with SAT scores, the data also contain information on where students sent their official score reports ("score sends" hereafter); demographics such as gender, age, parental education, and family income; and other measures of academic ability, such as SAT subject tests, Advanced Placement (AP) exams, and self-reported high school GPA and class rank.

We identify international test takers through the address and high school provided at the time of SAT registration. We define students as international if they had both a foreign mailing address and attended a foreign high school. The College Board does not directly ask about nationality at test registration. We exclude US territories and addresses for foreign US military bases and foreign schools for US armed forces.

We determine whether students enroll in the US by merging SATtaking data with the National Student Clearinghouse (NSC). NSC data track enrollment for 97 percent of Title IV, degree-granting colleges and universities. We focus on the first college a student enrolls in when considering college characteristics. Detailed information on these colleges, such as college sector and graduation rates, are supplemented by the US Department of Education's Integrated Postsecondary Education Data System (IPEDS). Following previous work, we use the average of the SAT 25th and 75th percentiles of matriculated students as a measure of selectivity (e.g., Dale and Krueger, 2002; Hoxby and Turner, 2013; Loury and Garman, 1995; Mountjoy and Hickman, 2019; Pallais, 2015). In practice, we follow Pallais (2015) and use test scores from a base year, 2003, prior to our sample period so that the analysis is not confounded by changes in selectivity over time.

Using the enrollment data, Fig. 2 shows the trends of new international enrollment in the US by region, which is not reported in alternative source such as IPEDS. China is clearly an outlier. Between 2007 and 2015, the number of new Chinese undergraduates grew from less than 1000 to about 10,000. Today, Chinese students account for onethird of international students in the US at both the undergraduate and graduate level. There are also sizable increases in the inflow of students from other regions such as India, the United Arab Emirates (UAE), the United Kingdom (UK), and Vietnam. In Appendix Appendix B, we compare our enrollment data with two external sources to demonstrate the advantages and deficiencies of our data.

We obtain annual region-specific refusal rates for student and travel visas through a more than 3-year Freedom of Information Act process with the US Department of State. The refusal rates are for F-1 student visas but also for tourist B visas. We measure visa restrictiveness with refusal rates around the time students make their college application decisions; Section 5.2 provides more details on the measure.

Finally, we use a set of region-year-level controls from a variety of sources. Information on economic conditions such as GDP, exchange rates, and trade are from the Penn World Table 9.1 and the Census Bureau. For each region, the college-age population and postsecondary enrollment in other popular destinations (Australia, Canada, and the UK) are obtained from a combination of the UNESCO Institute for Statistics, manual collections from official local government websites, and information requests to foreign governments.

3. Academic ability of international students in the US

3.1. Summary statistics on academic ability proxies and demographics

Table 1 shows measures of academic ability and demographics for all international students enrolled in the US and compares them with averages for all domestic students for the 2004–15 cohorts. The population average is an interesting statistic, because it sheds light on the overall academic credentials of international undergraduates in the US. Comparison with the average domestic student provides a useful reference point for policymakers who are interested in knowing whether, overall, the US is taking high-quality international students relative to average domestic students. In Section 2 we show that China has become the region with the most students in the US, and thus we also separately report the same statistics for Chinese students.

The first section of Table 1 shows statistics related to standardized tests administrated by the College Board, based on data for 267,000 international enrollees and 15 million domestic enrollees in US colleges. International students in the US have higher average academic credentials than US students. Specifically, international students score 0.64 SD (133.3 points) higher on the SAT, and Chinese students score 1 SD (207 points) higher. SAT gaps mostly stem from the math section, in which international students score 0.93 SD higher and Chinese students score 1.74 SD higher. The foreign-domestic verbal gap is 0.26 SD and the China-US verbal gap is 0.1 SD. In addition, international students send SAT scores to 2.3 more US colleges than domestic students (conditional on sending to at least one school), and are more than twice as likely to take an SAT subject test. Compared with statistics published by the College Board for all test takers, international students also score higher on SAT subject tests and AP exams.⁸ Chinese students also have stronger than the average international student on these measures.

The second section of Table 1 shows self-reported GPA for both international and US students and high school rankings for international students. The reported GPA for US students is 0.11 lower than international students and 0.38 lower than Chinese students. Of the interna-

⁷ The writing section was introduced after 2006. For consistency across years, we do not include the writing section. Our results do not change qualitatively if the writing section is included.

⁸ In our data, we observe subject test scores and AP information for international students but not for US students. The average AP exam score for all test takers is 2.88 out of 5 between 2004 and 2015 (research.collegeboard.org/ programs/ap/data/participation/ap-2018), and the average SAT subject test score for all takers is 655.48 for the 2015 cohort (secure-media. collegeboard.org/digitalServices/pdf/sat/sat-percentile-ranks-subject-tests-2015.pdf).





Fig. 2. New international students in the US by region.

Note: Data are from the College Board and the National Student Clearinghouse. Data include 2004–15 high school graduating cohorts who enrolled in the US and had an SAT score from 180 regions.

tional student respondents on the survey, about 60 percent reported that they are in the top 10 percent in their high school class, 25 percent in the top 11–20 percent, and close to 10 percent in the top 21–40 percent. Chinese students reported a similar ranking distribution. One concern is that the non-reporting rates for international students are quite large. We find that international students who did not report their class ranking have SAT scores similar to those ranked in the top 11–20 percent. International students who did not report their GPA scored 20 points lower on the SAT than those who reported, 13.5 points higher than US students who did not report.

The third section of Table 1 shows self-reported demographics. While age and gender are required fields, family income and parental education are not. On average, international and domestic students are of similar age. International students are less likely to be female, though

the female share of Chinese students is close to that of the US. While international students in the US may have higher family income than their peers at home, the share in the bottom income category is twice as high relative to US students. This suggests that some international families may finance their children's education via loans, savings, or other types of assets such as housing. Lastly, a striking difference is that parents of international (Chinese) students are 26 (16.1) pp more likely to be college-educated than US students.

As far as we know, these SAT comparisons between international and domestic students are among the first standardized assessments among both types of students likely to attend college in the US. Although SAT is an imperfect measure of academic ability, it is strongly correlated with measures of college performance and completion and even wages (Lovenheim and Smith, 2023). As such, these descriptive statistics suggest that international students score much higher on the SAT than do-

Summary statistics of SAT enrollees, 2004-2015 cohorts.

	US		Interna	itional	Chi	China	
	mean	sd	mean	sd	mean	sd	
	(1)	(2)	(3)	(4)	(5)	(6)	
Standardized tests							
SAT	1026.6	207.1	1159.9	208.9	1233.6	178.5	
SAT math	518.0	112.2	622.9	118.7	713.7	77.3	
SAT verbal	508.6	109.7	537.0	120.0	519.9	126.4	
No. of score sends	3.832	3.619	6.171	5.588	9.377	6.497	
Take a subject test	0.168	0.374	0.444	0.497	0.543	0.498	
No. of subject tests taken	2.679	0.973	2.704	0.827	2.674	0.649	
Subject test average	n/a	n/a	690.9	85.1	730.5	68.5	
Take an AP exam	n/a	n/a	0.222	0.416	0.313	0.464	
No. of AP exams taken	n/a	n/a	3.634	2.410	3.936	2.388	
AP exam average	n/a	n/a	3.444	1.154	3.512	1.251	
High school performance							
GPA	3.347	0.583	3.455	0.603	3.724	0.439	
GPA not reported	0.035	0.185	0.210	0.407	0.319	0.466	
Ranked 1st-10th	n/a	n/a	0.600	0.490	0.606	0.489	
Ranked 11th–20th	n/a	n/a	0.242	0.428	0.268	0.443	
Ranked 21st-40th	n/a	n/a	0.090	0.287	0.082	0.274	
Ranked 41st-60th	n/a	n/a	0.056	0.230	0.037	0.189	
Ranked 61st-100th	n/a	n/a	0.011	0.106	0.007	0.085	
Rank not reported	n/a	n/a	0.504	0.500	0.561	0.496	
Demographics							
Age	18.310	0.534	18.418	0.790	18.488	0.724	
Female	0.544	0.498	0.486	0.500	0.531	0.499	
Family income < \$20k	0.097	0.296	0.190	0.392	0.209	0.406	
Family income \$20–60k	0.265	0.441	0.279	0.449	0.399	0.490	
Family income \$60–120k	0.353	0.478	0.259	0.438	0.239	0.426	
Family income > \$120k	0.285	0.452	0.271	0.445	0.153	0.360	
Family income not reported	0.395	0.489	0.517	0.500	0.521	0.500	
At least one parent has	0.562	0.496	0.822	0.382	0.723	0.448	
college education							
Parental educ. not reported	0.101	0.302	0.187	0.390	0.261	0.439	
Enroll at a 4-year college	0.756		0.885		0.932		
Observations	15,132,119		267,533		49,886		

Notes: Data include SAT takers who have enrollment records at a US college in the National Student Clearinghouse. Information on parental education, family income, and high school performance are collected as a part of test registration, though they are not required fields.

mestic students and are likely to perform well in college and potentially beyond.

scores than domestic students to the US, their average secondary school student also performs stronger on the PISA.

3.2. Why do international students in the US have stronger credentials?

In this section, we provide evidence on potential driving factors for the observed foreign-domestic SAT gap of 0.64 SD. The differences in population averages can be driven by a number of factors, such as preparation in secondary school, selection into college, and missing data.

First, the SAT gap is consistent with students in some large-sending foreign regions being better prepared academically. Based on results from the PISA in the last decade, 15-year-olds in three of the top five sending regions (China, South Korea, and Canada; see Fig. 2) did considerably stronger than US students on math and reading.⁹ Fig. 3 plots a region's 2012 PISA rank against its mean SAT rank for the 2015 cohort who enrolled in the US. The figure includes the US and 49 foreign regions that participated in the PISA and had the largest US enrollment. US secondary school students ranked the 23rd on the PISA, and domestic college enrollees ranked the 46th on the SAT. Regions in area Q_3 , such as China, South Korea, and Canada, are those to the left of line l_1 and below line l_2 . While Q_3 regions send students with higher SAT

Second, selection into who enrolls in US colleges is more positive for some foreign regions than for the US. Hence, the foreign-domestic SAT gap reflects the fact that we are comparing international students from the top of the foreign distribution with domestic students from less than the top of the US distribution. Fig. 3 shows that 24 of the 49 top-sending regions are in area Q_4 , meaning that they ranked lower on the PISA relative to the US, but ranked higher on the SAT. Note that 15-year-olds who took the PISA in 2012 are likely the same cohort who graduated from high school in 2015. Taking Brazil as an example, secondary students in Brazil ranked the 43rd on PISA but those who later enrolled in a US college ranked the 20th on the SAT. India, while not included in Fig. 3 because it did not participate in the 2012 PISA, is most likely in the right-bottom corner of Q_4 based on its 2009 PISA result. On the other hand, Denmark is the only region in Q_2 . It ranks higher than the US on the PISA but lower on the SAT, implying that the selection of Danish students into US colleges is less positive than that of students.

Both differential preparation in secondary school and selection on student academic ability into US colleges are further evidenced by the fact that international students are more likely sorted to selective institutions than domestic students. In our data, more than 54.5 percent of international and 71 percent of Chinese students are enrolled at selective institutions compared with 21.2 percent of domestic students. The foreign-domestic SAT gap is much smaller within the same school selectivity. We report regression estimates of SAT gaps by school type in Table 2. Column 1 replicates the SAT gap between all international and domestic students we find in Table 1. Columns 2–3 breaks the sample

⁹ PISA standards for Programme for International Student Assessment. The OECD funds the PISA to evaluate the educational outcomes of 15-year-olds worldwide every 3 years based on a common standard. Before the 2015 PISA, China's rank was based on students from Shanghai only. Its rank is stable after adding Beijing, Jiangsu, Guangdong, and Zhejiang in subsequent PISAs. The relative ranks of the US, China, South Korea, and Canada remain similar after correcting for differences in exam effort (Akyol et al., 2019).



Fig. 3. Rank of 2012 PISA versus mean SAT rank in 3 years.

Note: PISA data are from OECD, and SAT data are from the College Board. Ranks are based on math and verbal sections for both PISA and SAT. A total of 50 regions that have both 2012 PISA scores and at least 30 US enrollment in the 2015 high school graduating cohort are included. The SAT ranks are computed based on scores of students enrolled in the US.

Table 2 Regression estimates for SAT difference among enrollees, 2004–15 cohorts.

		SAT		SAT math	SAT verbal		
	All data (1)	Selective colleges (2)	Not selective (3)	All data (4)	All data (5)	All data (6)	All data (7)
International student	133.276*** (0.407)	36.003*** (0.476)	64.038*** (0.532)	5.495*** (0.724)		46.950*** (0.418)	-41.455^{***}
China	(01107)		()	(0.1 - 1)	31.544***	(01122)	(01100)
India					(1.008) 33.828*** (2.003)		
Canada					9.019***		
UK					(2.929) -47.901*** (3.969)		
South Korea					59.550***		
Other International					(2.926) -28.617*** (1.069)		
US mean	1027	1226	976	1029	1029	519	510
US SD	207.1	165.0	183.0	206.4	206.4	111.9	109.5
Intl share Observations	0.017 15,399,652	0.042 3,281,877	0.010 11,826,636	0.017 15,108,513	0.017 15,108,513	0.017 15,108,513	0.017 15,108,513
School-cohort FE	No	No	No	Yes	Yes	Yes	Yes

Notes: The dependent variables are SAT scores. Domestic students is the omitted group. Data include SAT takers who have enrollment records at a US college in the National Student Clearinghouse (NSC) from the 2004–15 cohorts. For columns 2–7, only students with school name not blocked by the NSC are included. Columns 4–7 include school-cohort fixed effects and are weighted by the share of international students times the number of international students in each school-year. Robust standard errors are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.



(b) By sector (non-selective school only)

Fig. 4. College graduation rate by residency.

Note: Data are from IPEDS and for Title-VI, degree-granting, non-online, and always-reporting US institutions. Graduation rates are refer to students receiving degrees within 6 years at 4-year colleges and 3 years at 2-year colleges from their initial institutions of attendance. Selective schools are defined as those categorized by Barron's rankings.

down by institution selectivity.¹⁰ The gap is 0.22 SD at selective institutions and 0.35 SD at non-selective institutions.

Lastly, as discussed in Section 2, our SAT data do not cover all international students in the US, especially at non-selective institutions. If the foreign-domestic difference in academic ability among students without an SAT score were not as large as it is among students with an SAT score, the observed foreign-domestic SAT gap would be overstated. While we cannot observe test scores for students who did not take the test, we examine an academic ability measure that is available for everyone at non-selective institutions—college graduation rate from IPEDS.¹¹ We find no evidence that the foreign-domestic gap in academic ability is smaller at non-selective institutions. Panel (a) of Fig. 4 shows the trends of graduation rates by college selectivity. At non-selective institutions, international students are about 10 pp more likely to graduate than domestic students in recent cohorts. At selective institutions, students have similar graduation rates, of over 80 percent. Panel (b) breaks down non-selective institutions by college sector. At 2-year col-

¹⁰ We do not observe school type for about 2 percent of the entire sample because the NSC blocks institution names. Our results are robust when predicting school selectivity type for blocked observations using machine learning/nonparametric models and information on student academic records, score-sending portfolio, demographics, and high school.

¹¹ Research has shown that SAT scores are highly correlated with first-year college GPA and college completion (Shaw, 2015; Westrick et al., 2019).





Fig. 5. Composition of new international students in the US by SAT percentile. *Note:* Figures are based on data from the College Board. SAT percentiles are computed from data of US test takers in the same high school graduation cohort.

leges, where SAT data coverage is the worst, the gap in graduation rates is no smaller than for 4-year non-selective colleges.

Note that besides the population difference in academic ability, policymakers may also be interested in the foreign-domestic SAT gap within the same college and cohort. Since international and domestic students sort to very different sets of institutions, the within-school SAT gap can be distinct from the population difference. Column 4 of Table 2 shows that there is a smaller SAT gap of 0.03 SD between international and US students within the same college-cohort. However, there is large crossregion variation. Column 5 shows that of the top five sending regions, students from China, India, Canada, and South Korea score 0.15, 0.16, 0.04, and 0.29 SD higher on the SAT, respectively, than domestic students in the same college-cohort. Students from the UK and other foreign regions score 0.23 and 0.14 SD lower on the SAT, respectively. Columns 6–7 show that the SAT gap also varies significantly across subjects, with international students scoring 0.42 SD higher on math but 0.38 SD lower on verbal. This is consistent with international students' comparative advantage in choosing STEM majors and are important contributors to the STEM workforce (Anelli et al., 2023; Bound et al., 2015).

3.3. Trends in the ability of international students

While the literature has well documented the drastic expansion of international student enrollment in the last decade, we do not know how the distribution of academic ability has changed. Thus far, we have focused on understanding a snapshot of average academic credentials for all international students in the US between 2004 and 2015. In this



(b) Enrollees above 90th percentile

Fig. 6. Regional shares of new international students in the US by top SAT percentile.

Note: Figures are based on data from the College Board. SAT percentiles are computed from data on US test takers in the same high school graduation cohort. The five regions with the most top-percentile enrollees in the last 5 years are labeled and "Others" includes data from 175 regions.

section, we examine changes in the distribution of international student SAT scores over time.

We first split international students into four groups based on how their SATs compare to SAT quartiles for domestic students.¹² In Panel (a) of Fig. 5, we plot the shares of international students in each quartile over time. In 2015, 57.5 percent of international students have an SAT above the 75th percentile (top quartile), which is a 9 pp increase from 2004. In contrast, the share of every other quartile group decreased by about 3 pp, with 6.5 percent of international students in the bottom

¹² All SAT percentiles referred to this paper are computed using data on US test takers in a given high school cohort, and these percentiles are stable over time.

quartile in 2015. The level difference is more striking, given the increase in total international enrollment. The number of international students in the top quartile is five times that in the bottom quartile in 2004, but nine times that in 2015.

We also create a group for international students with a score above the 90th percentile. The black dotted line shows that 34.5 percent of 2015 international students are in this group, following a trend similar to the top quartile students. Panel (b) of Fig. 5 shows the trends of the top two percentile groups by subject, and suggests that the aggregate trends stem primarily, but not exclusively, from international students with extremely high scores on the math section of the SAT.

In Fig. 6, we further examine the regional composition of highscoring international students and how it has changed over time. Panel



(a) Share of takers who send scores to at least one US college

(b) Share of takers who enroll

Fig. 7. Share of SAT takers who send scores to at least one US college and enroll by region, 2004-15 cohorts. Note: Figures are based on data from the College Board for 2004-15 high school graduation cohorts. A score sender is an SAT taker who sent scores to at least one US college, and an enrollee is a taker who is matched to a US college enrollment record at the National Student Clearinghouse. In addition to the US and international total, 30 regions with the most SAT takers in the time period are listed.

(a) shows that the five regions with the highest share of top quartile students are China, India, Canada, South Korea, and Singapore. While less than 2 percent of the top quartile of international students are from China in 2004, nearly 40 percent are Chinese in 2015. China's emergence is at the cost of share declines for Canada, Singapore, and other regions, with the exception of India and South Korea, which have only about a 1 percent decline in their shares. Panel (b) shows the same pattern of compositional changes for students above the 90th percentile, with China accounting for 43 percent in 2015.

Overall, the composition of international students has shifted over time during a period of rapid expansion in international enrollment. The US has attracted increasingly more high-scoring international students, with China being the primary driving force. The increase in highscoring Chinese students is consistent with an increase in Chinese family's wealth and a limited supply of elite colleges-coupled with a boom in demand for college education-in China (Bound et al., 2020; Chen, 2019).

4. Who comes to the US (and who doesn't)

In this section, we document which students come to the US and which do not to better understand outcomes of interest in the visa policy analysis. We make use of our unique data that follows students from SAT taking, to score sending, and to enrollment in the US. SAT taking and score sending are measures of interest in US higher education but do not guarantee enrollment. Appendix Fig. A.4 shows that over 120,000 international students in the 2015 cohort took the SAT, double the number 8 years earlier. The number of students who send their scores to US colleges and enroll follow trends similar to those of SAT takers, despite becoming a smaller fraction of SAT takers over time.

First, we show that unlike domestic SAT takers, the vast majority of whom send their scores to at least one US college and enroll in the US, only 46.7 percent of international SAT takers are score senders and 27.1 percent are enrollees. Fig. 7 shows the shares of SAT takers who are score senders and who are enrollees, both in aggregate and by the 30 regions with the most SAT takers between 2004 and 2015. These shares vary drastically by region. For instance, 74.4 (55.6) percent of Chinese are score senders (enrollees); 52.8 (25.5) percent are Canadian, and less than 25 (15) percent are Thai or Saudi Arabian.¹³ Note that not all enrollees are score senders, since some schools do not require standardized tests. About 5 percent of international SAT takers enroll in US colleges without sending their scores.

Second, we show that international score senders and enrollees are positively selected from SAT takers. Fig. 8 shows that among international SAT takers, the number of score sends and US enrollment probability increase in SAT score with some degree of nonlinearity. Panel (a) also shows that the gap in score sends between score senders (triangles) and SAT takers (circles) decreases in SAT score. Since the gap size decreases in the probability of being a score sender, the probability of sending a score increases in SAT score.

The positive selection into score senders and enrollees is not only true on average but also within regions. Fig. 9 plots the SAT median for

¹³ Lebanon and Egypt have extremely low shares of score senders and enrollees because the SAT is used for college admission at prestigious local universities. In our regression analysis, we include region fixed effects to account for this.



Fig. 8. Enrollment probability and score-sending decisions by SAT score.

Note: Figures are based on SAT data from the College Board for 2004–15 high school graduation cohorts. Enrollment probability and number of score sends are computed as the average for takers with SAT scores in the same 20-point bin.

SAT takers, score senders, and enrollees by region. It is evident that SAT takers (diamonds) are always to the left of score senders (squares) and enrollees (circles), which implies positive selection across all regions. While the degree of selection has a large regional variation, international score senders and enrollees are more positively selected compared to the US case, on average.

Third, we show that more than half of high-scoring international SAT takers do not end up enrolling in the US. Fig. 8 shows that only 30 to 60 percent of international test takers above the 75th SAT per-

centile enroll in a US college—much less than domestic test takers. This is due to both a low conversion rate from SAT takers to enrollees and the fact that most international SAT takers have high test scores. In fact, Fig. 9 shows that the SAT median for international test takers is higher than the median for US score senders. Scores are measured in SD and are rescaled so that the median of US takers in the sample period is zero. In cases such as China and South Korea, the median SAT taker has a score 0.28 SD and 0.75 SD above the 75th percentile, respectively.



Fig. 9. SAT median in standard deviations for test takers, score senders, and enrollees.

Note: Figures are based on SAT data from the College Board for 2004–15 high school graduation cohorts. A score sender is an SAT taker who sent scores to at least one US college, and an enrollee is a taker who is matched to a US enrollment record at the National Student Clearinghouse. The SAT median for US takers is 1010 (4.78 SD) in this period, and 30 regions with the most SAT takers are listed.

In Section 3.2, we show that enrollees from many regions have higher academic ability than each region's average student.¹⁴ This positive selection could be driven by US college admissions, the selection from secondary students to SAT takers, and the selection from SAT takers to score senders and enrollees. The patterns observed in Figs. 8 and 9 suggest that at least in part, selection from SAT takers plays a role. In addition, Appendix Fig. A.5 shows that there is a positive selection from secondary students to SAT takers for many regions by plotting PISA rank against SAT rank for test takers.

5. Institutional background

5.1. The US college application process for international students

Students typically take the SAT or send test scores in the fall (or earlier) of their graduation year. The SAT test registration fee is about \$47, plus an extra \$30 foreign fee, in our sample period. The cost of taking the SAT includes the time and money spent for test preparation and travel to test centers. For example, there is no test center in main-

land China and students must travel to places such as Hong Kong to take the SAT.

Students can choose up to four schools to receive their SAT scores at no cost before knowing their scores.¹⁵ After the test, each score send costs around \$10. On average, international score senders send their SAT scores to more than 6 US colleges. To complete a college application, students must obtain information on the schools, fill in forms, write essays, get recommendation letters, and pay an average application fee of \$44. The fee is more expensive for selective institutions. Typically, students receive offers in the spring of their graduation year. After international students accept an offer, the school registers them on the Student and Exchange Visitor Information System (SEVIS) and issues Form I-20, which is required for F-1 visa applications. The school must be certified by the Student and Exchange Visitor Program.

 $^{^{14}}$ This assumes that on average, domestic US enrollees with SAT scores are stronger than those without.

¹⁵ Many students strategically choose not to send the free score sends. Starting in 2009, students have the option of sending their preferred scores if they have multiple takes. They may also take the ACT and prefer those scores in the application process. After the free score sends are sent or not used, the small marginal cost of each score send has been shown to be consequential in the decision to send more score sends.

Nonimmigrant visa statistics, 2004-15.

	A. Annual visa issuance and refusal rates					
	No. of Issuance		Share of	f all visa issuance	Refusal rate	
	mean (1)	sd (2)	mean (3)	sd (4)	mean (5)	sd (6)
B visitor visa F-1 student visa J-1 exchange visitor visa C1/D crewmen visa H-1B temporary worker visa Other 72 visa categories	5,421,550 399,551 315,939 237,686 138,481 818,014 B. Share of r	1,708,764 141,265 28,239 25,199 18,552 69,529 easons assigne	0.731 0.053 0.045 0.034 0.020 0.117 d to annu	0.038 0.007 0.009 0.006 0.004 0.026 al visa refusals	0.213 0.198 0.061 0.038 0.032 0.064	0.047 0.034 0.012 0.016 0.015 0.007
	mean (1)	sd (2)				
INA 214(b): immigrant intent INA 221(g): incomplete app. or admin. processing Other 61 reasons	0.929 0.050 0.021	0.014 0.012 0.007				

Notes: Data are obtained from the US Department of State. Panel A lists five visa categories that have the highest issuance and combines the rest categories. Refusal rates and reasons for refuals are adjusted after accounting for overcome and waived cases. INA is the Immigration and Nationality Act. Note that H-1B visa issuance is subject to an annual quota, and applicants are allowed to have immigrant intent.

5.2. Nonimmigrant visa application process

In order to enter the US, foreign citizens are generally required to obtain a visa. The Immigration and Nationality Act (INA) establishes visa types for different travel purposes. A nonimmigrant visa, such as the F-1 (student) visa and B (business/tourism visitor) visa, is for a temporary stay; an immigrant visa, such as Green Card, is for permanent residence. Table 3 shows selected statistics for nonimmigrant visas based on data from the State Department in 2004–15. Panel A lists information for five visa types with the highest issuance and the sum of the remaining 72 types. Average annual issuance for B visas is over 5.4 million and is the highest of all types. The F-1 visa is second, with an annual average close to 400,000. The issuance for both B and F-1 visas varies over time more than other visas.

Applying for a visa is costly. In addition to filling out lengthy application forms, preparing various supporting documents, and paying an application fee of \$160 (as of 2019), applicants are generally required by law to be interviewed by a consular officer at a US embassy or consulate.¹⁶ In addition, before the interview, student visa applicants must pay a fee of \$200 to be registered on SEVIS. The fee increased to \$350 in June of 2019.

Visa applications can be denied. Under US immigration law section 104(a) of the INA, consular officers have the exclusive authority to approve or deny visa applications. Column 5 of Panel A in Table 3 shows that on average, both F-1 and B visa applications have a denial rate of about 20 percent—much higher than other visa types. Column 6 shows that aggregate F-1 and B visa refusal rates also have larger variation over time.

When a visa application is denied, a US consular officer provides the applicant with the reason, based on ineligibility listed in the INA and other immigration laws. There are more than 60 reasons, and Panel B of Table 3 shows that "INA 214(b): immigrant intent" is given 93 percent of the time. This means that the consular officer determines the visa applicant intends to immigrate. While some visa categories, such as the H-1B temporary worker visa, allow applicants to have immigrant intent, B and F-1 visas do not. There are no official caps on B and F-1 visa issuance. In practice, the Department of State sometimes adjusts visa restrictiveness by imposing different standards on what comprises an immigration

intent. For example, in two cables issued in 2004 and 2005, the State Department asked consular officers to be less strict when considering the 214(b) provision for student visa applicants (Kless, 2006). Specifically, they were asked to focus on students' immediate and near-term intent and not expect students to have a detailed long-term plan.

5.3. Variation in visa refusal rates

Fig. 10 and Appendix Fig. A.6 show that the refusal rates for F-1 and B visas follow similar trends and vary significantly across regions and time. In our analysis sample, the F-1 visa refusal rate at the region-year-level has an average of 24.2 percent with a SD of 20.3 percent, a maximum of 86.7 percent, and a minimum of 0.1 percent. The B visa refusal rate has an average of 25.8 percent with a SD of 17.1 percent, a maximum of 73.5 percent, and a minimum of 0.4 percent.

What drives variation in F-1 and B visa refusal rates? First, refusal rates in a given region reflect the restrictiveness of immigration policies on US entry for that region. At one extreme, citizens of 38 regions that are members of the Visa Waiver Program (VWP) can enter the US for business and tourism without obtaining a B visa. The program is a comprehensive security partnership between America and its allies, and about 20 million travelers under this program entered the US in 2014.¹⁷ Fig. 1 shows that the aggregate F-1 visa refusal rate for VWP regions is significantly smaller than for the world overall and the variation is much smaller.

Immigration policies can often target a specific region or a group of regions. For instance, after the 9/11 attacks in 2001, the US largely increased visa restrictiveness for both F-1 and B visas for Islamic regions because some of the terrorists had those visa types (Kless, 2006). It is evident in Fig. 10 that visa refusal rates spiked right after 2001 in places such as the UAE, Pakistan, Saudi Arabia, and Qatar. There are also several country-specific bureaucratic changes in visa adjudication that often times are due to reciprocity or vindictiveness. For example, the Patriot Act and ensuing scrutiny of individuals from predominantly-Islamic nations following 9/11 had dramatic impacts on refusal across a variety of visa classes. Travel bans are also examples of idiosyncratic changes that limited access to individuals from several nations.

Another example is China. A sequence of policy changes made it easier for Chinese to obtain visas in 2008-14. The changes include simpli-

¹⁶ Official guidelines: travel.state.gov/content/travel/en/us-visas/study/ student-visa.html

¹⁷ Source: www.dhs.gov/visa-waiver-program



Fig. 10. Visa refusal rates by type and region, 1999-2018 fiscal years.

Note: Data are obtained from the US Department of State via Freedom of Information Act requests. The figure shows refusal rates for the top 25 regions with the most SAT takers in 1999–2018 when they are not covered by the US Visa Waiver Program.

fying the visa application procedure, extending the visa validity period, and publicly announcing welcoming visa policies. In a US-China joint statement released in 2009, the US expresses its desire to foster closer US-China relations through cultural exchanges, stating, "The US side will receive more Chinese students and facilitate visa issuance for them."¹⁸ Fig. 10 shows that the F-1 visa refusal rate for China dropped by 27 pp between 2007 and 2014, coinciding with a period of rapid expansion in Chinese students seeking a US education.

Second, changes in the supply of visa applicants can also alter refusal rates. If the share of qualified applicants increases, the refusal rate can drop even if visa restrictiveness is unchanged. Hence, the F-1 visa refusal rate may not be used to measure visa restrictiveness directly. We describe our empirical strategy to address this issue in the next section.

Note that Table 3 shows the average refusal rate for H-1B work visa and its variance are much smaller than those for the F-1 and B visas. The grant of H-1B visa is driven by applications within the US and a random lottery in years when its applications exceeds the H-1B cap (Brinatti et al., 2023). Using country-year level data for 2005-15, we find the correlation between refusal rates for H-1B applications and the F-1 visa is 0.09. The correlation between H-1B applications and the B visa is -0.01. In contrast, the refusal rate correlation between the F-1 and B visas is 0.78.

6. Empirical strategy

We are interested in estimating the effect of expected F-1 visa restrictiveness on international students' decisions throughout the US college application process, as well as the impact on the final enrollment and student composition. In Section 5, we established that before students learn the outcome of their F-1 visa application, they must pay a substantial cost to apply to US colleges and for visas. The cost includes the time and money spent, as well as psychological stress. A lower anticipated chance of obtaining a student visa can therefore decrease the expected benefit of taking the SAT and sending test scores. We refer to this discouragement of actions as the chilling effect. Note that prospective students with different academic ability may respond to the chilling effect differently, perhaps due to different outside options.

We measure expected restrictiveness for US entry with region-year varying F-1 visa refusal rates faced by international students around the time they make SAT taking and score-sending decisions. For example, the visa refusal rate used for students graduating in May 2015 is the average rate between October 2013 and September 2014 (or the 2014 fiscal year). Below, we describe our empirical strategy for estimating the chilling effect and its heterogeneity by academic ability.

We first study how F-1 visa restrictiveness affects SAT taking, measured by the quantity and academic ability of international SAT takers at the region-year-level. Specifically, we employ the following regression

¹⁸ Source: obamawhitehouse.archives.gov/realitycheck/the-press-office/uschina-joint-statement

model:

$$Y_{it} = \alpha \text{FRR}_{it-1} + X_{it-1}\theta + \omega_i + \gamma_t + \epsilon_{it}, \tag{1}$$

where the dependent variables are the number of international SAT takers, the median test score, and the share of takers above the 75th percentile from region *j* in cohort year *t*. The independent variable of interest, FRR_{jt-1} , is the F-1 visa refusal rate faced by students in cohort year *t* from region *j* in the time period prior to students' potential visa appointment. X_{jt-1} is a vector of control variables (e.g., real GDP per capita) that vary at the region-year level. The timing of X_{jt-1} is set to be the calendar year prior to the cohort year *t*. Visa refusal rate and X_{jt-1} are both measured in natural logs. ω_j and γ_t represent region and year fixed effects, respectively. Standard errors are clustered at the region level.

We leverage our student-level data to study how F-1 visa restrictiveness affects individual decisions in score sending. We use the following empirical framework:

$$P_{ijt} = \beta_1 \text{FRR}_{jt-1} + W_{ijt}\delta + X_{jt-1}\rho + \mu_j + \tau_t + \eta_{ijt}, \qquad (2)$$

where the dependent variables are an indicator for student *i* from region *j* in cohort year *t* sending their SAT scores to at least one US undergraduate institution, the number of score sends, and the selectivity of schools receiving scores. W_i is a vector of student-level controls, including SAT score and demographics (gender, age, parental education, and family income). μ_i and τ_i represent region and year fixed effects, respectively.

Furthermore, we estimate whether the impact of F-1 visa restrictiveness varies by student academic ability using the following econometric model:

$$P_{ijt} = \beta_1 \text{FRR}_{jt} + \beta_2 \text{FRR}_{jt-1} \times \text{AA}_i + W_{ijt}\delta + X_{jt-1}\rho + \mu_j + \tau_t + \eta_{ijt}.$$
 (3)

For our main results, we measure student academic ability, AA_i , using an indicator of high SAT score, $\mathbb{1}_{SAT_i \ge 75^{th}pctl}$. In this case, coefficient β_2 is the impact of F-1 visa refusal rate on the outcome for students with SAT scores above the 75th percentile relative to those below. We have also tried other measures of AA_i , such as a quadratic term for SAT scores, and obtained qualitatively similar results. In some specifications, region-year fixed effects are also included to focus on the estimation of β_2 .

If changes in expected F-1 visa restrictiveness have an impact on SAT taking and score sending, international enrollment is also likely influenced. We use model (2) to assess the effect of FRR_{jt} on student *i*'s US enrollment probability conditional on taking the SAT or sending test scores, as well as the selectivity of the school attended by *i*. We use model (1) to quantify the impact of FRR_{jt} on the aggregate enrollment level and the academic ability composition. While our timing of the visa refusal rate aims to capture the chilling effect on enrollment via SAT taking and score sending, a higher refusal rate may reduce enrollment mechanically, conditional on college acceptances. In Section 7.5, we discuss how the mechanical effect may influence our results on enrollment outcomes.

We address two potential biases that can prevent a causal interpretation of the coefficient of the F-1 visa refusal rate. First, simultaneity bias can arise if the supply of international students applying for visas affects the F-1 visa refusal rate. For example, if there are more qualified student visa applicants, the refusal rate will be lower and does not reflect changes in visa restrictiveness. In fact, we see in Section 3.3 that the composition of international students has changed, which may be correlated with changes in the quality composition of visa applicants. To address this issue, we instrument the F-1 visa refusal rate with the B visa refusal rate for the same region in the same period.

The B visa refusal rate has attractive features that render it a good instrument. For instance, it satisfies the relevance assumption. As described in Section 5.2, B and F-1 visas share many administrative features. Their refusal rates have similar magnitudes and strong comovement within regions. Other major nonimmigrant visa types have much lower refusal rates, with little variation over time. We formally test for

the relevance assumption whenever we report IV estimates. Furthermore, while the refusal rate for B visas reflects policy restrictiveness on US entry, B visas are not for international students. Hence, the B visa refusal rate isolates the variation in visa restrictiveness and likely satisfies the exclusion restriction (conditional on additional controls).

Second, omitted variable bias (OVB) can arise if F-1 and B visa refusal rates are affected by regional factors that also influence foreign demand for US education (e.g., the relation with the US). The OVB violates the exclusive restriction assumption for our instrument. In Section 5.3, we described several factors that potentially drive the variation in refusal rates other than the supply of student visa applicants. Motivated by the spirit of those drivers, we first include region and year fixed effects to control for any region-specific factors that are time-invariant (e.g., whether a US ally) and overall time trends (e.g., globalization of education). In addition, we include a rich set of region-year-level controls, including trade with the US, economic growth, demand for college education, enrollment abroad but not in the US, and work visa condition in the US.¹⁹ Both trade and work visa condition are specific to a region's network with the US. Furthermore, we include region-year fixed effects in the student-level analysis when estimating the impact of F-1 visa refusal rate by academic ability, which captures any remaining region-year unobservables.

In the rest of the paper, our estimation sample includes data from 101 regions with the highest number of SAT takers in 2004–15. We start with a sample of 124 regions with complete data on visa refusal rates, which cover more than 99 percent of all international SAT takers in the sample period. We exclude 22 regions that are members of the VWP, since we do not have valid B visa refusal rates for them. During our sample period, 10 regions joined the VWP at different times, but all have at least 5 years when they are not in the VWP. We exclude the time periods when these 10 regions are in the VWP. Our results are robust when we exclude the 10 regions entirely (see Section 7.4). We further exclude Canada, as Canadians need neither B visas nor F visas. Regions in our analysis cover 75 percent of all international SAT takers in the sample period.

7. Visa policy results

7.1. Impact on SAT taking

Table 4 shows estimates for the impact of the expected F-1 visa refusal rate on international SAT taking using model (1). The outcome variable in columns 1–3 is log of the number of new SAT takers at the region-year-level. Column 1 shows OLS estimate with year and region fixed effects, and suggests that a higher F-1 visa refusal rate is associated with a lower number of international takers. The negative coefficient for the F-1 visa refusal rate persists after adding a set of region-year-varying covariates to control for factors potentially correlated with the refusal rate in column 2, and instrumenting with the B visa refusal rate in column 3. The 2SLS estimate in column 3 is statistically significant at 5 percent and suggests that on average, a 10 percent increase in the F-1 visa refusal rate leads to a 7.4 percent (or 7.1 log points) decrease in international SAT takers. This is larger than the OLS estimate in column 2. The *F*-statistic for the excluded instrument in the first stage is 90.7, passing the test of a weak instrument.²⁰

Columns 4–7 of Table 4 report estimates with the full set of controls for two outcomes on the academic ability of international SAT takers: the median SAT in the unit of SD and the share of takers with a score

¹⁹ We use goods imports from the US and exports to the US. We have also tried non-US-specific trade measures and found nearly identical results. The measure of economic growth is real GDP per capita in USD, which embeds the variation in exchange rates.

²⁰ See Appendix Table A.1 for complete estimates from the first stage.

Regression of the number and academic ability of new international SAT takers.

	Log(no. of takers)			Median S	SAT in SD % above 75th pctl		
	OLS (1)	OLS (2)	2SLS (3)	OLS (4)	2SLS (5)	OLS (6)	2SLS (7)
F-1 visa refusal rate	-0.546*** (0.181)	-0.363** (0.168)	-0.712^{**} (0.283)	-0.109 (0.076)	-0.390** (0.165)	-0.024 (0.027)	-0.197*** (0.066)
Real GDP PC in USD		0.373*** (0.071)	0.368*** (0.070)	0.009 (0.038)	0.004 (0.039)	-0.010 (0.014)	-0.013 (0.015)
Imports from the US		0.165*** (0.042)	0.151*** (0.043)	0.022 (0.021)	0.010 (0.022)	0.015* (0.008)	0.007 (0.008)
Exports to the US		-0.004 (0.041)	-0.003 (0.041)	0.034** (0.016)	0.035** (0.016)	0.009 (0.007)	0.009 (0.007)
College-aged pop.		0.184 (0.175)	0.184 (0.173)	-0.131 (0.081)	-0.131 (0.081)	-0.066** (0.026)	-0.066** (0.027)
Enrollment in other popular destinations H-1B issuance		0.116** (0.047) 0.201*** (0.049)	0.116** (0.048) 0.202*** (0.049)	0.008 (0.017) 0.008 (0.019)	0.009 (0.017) 0.009 (0.019)	0.009 (0.006) 0.004 (0.009)	0.009 (0.007) 0.005 (0.009)
Outcome mean F-stat on IV in 1st-stg R-squared Observations	5.361 - 0.905 1097	5.361 - 0.952 1097	5.361 90.70 - 1097	4.933 - 0.892 1097	4.933 90.70 - 1097	0.303 - 0.869 1097	0.303 90.70 - 1097
Year FE Region FE	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes

Notes: The dependent variables are, at the region-year-level, the number of SAT takers in natural log, median SAT score among SAT takers in SD unit, and the share of SAT takers above the 75th percentile. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and the UK. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

above the 75th percentile ("high-scoring takers" hereafter).²¹ The 2SLS estimates are much larger than the OLS estimates, which is consistent with students deterred from taking the SAT when visa policies are relatively strict having higher SAT scores than the average student. We later discuss why high scoring students may have good alternative college options. A 10 percent increase in the F-1 visa refusal rate leads to a 0.04 SD decrease in the median SAT among SAT takers and about 2 pp decrease in the share of high-scoring takers.

7.2. Impact on score sending

Next, we move to the student-level analysis that examines the impact of F-1 visa restrictiveness on score-sending. Appendix Table A.2 provides summary statistics for outcome variables, visa refusal rates, and student-level controls for the analysis sample. Table 5 shows estimates from models (2) and (3), in which the outcome is an indicator for sending SAT scores to at least one US college. Panel A reports OLS estimates and Panel B reports 2SLS estimates. For both panels, column 1 includes the F-1 visa refusal rate and region and year fixed effects. Column 2 adds a set of student-level controls, including SAT quadratic and demographics (gender, age, parental education, family income). Column 3 further adds a set of region-year-level covariates, which are the same as those included in Table 4. The estimated coefficient for the visa refusal rate changes little after adding various controls. The 2SLS estimates are much larger than the OLS estimates and are statistically significant. The F-statistics for the excluded instruments in the first stage pass the weak instrument test. Column 3 of Panel B indicates that a 10 percent increase in the F-1 visa refusal rate decreases the probability of score sending by 1.7 pp, or about 3.7 percent of the average score-sending probability.

To study whether the impact on score sending varies by student ability, columns 4–5 of Table 5 add an interaction between the visa refusal rate and an indicator for being a high-scoring taker. Estimates from column 4 show that high-scoring test takers are nearly twice as responsive to a more restrictive visa policy than low-scoring takers. A 10 percent increase in the F-1 visa refusal rate decreases the probability of score sending by 1.3 pp for low-scoring students and and 2.3 pp for highscoring students. Column 5 includes region-year fixed effects to control for unobservables at the same level as visa refusal rates. The interaction coefficient estimate changes little from column 4.

We further study the impact on score sending by examining the composition of score sends conditional on sending scores to at least one US college. We focus on 2SLS estimates in Table 6 and report OLS estimates in Appendix Table A.3. While Panel A of Table 6 shows that a more restrictive F-1 visa policy does not affect the number of score sends, column 3 of Panel B shows that on average, a 10 percent increase in the F-1 visa refusal rate increases the average selectivity of schools receiving scores by 4 SAT points (or 0.03 SD). When using the maximum SAT among schools receiving scores, columns 4–5 of Panel C suggest that the effect on score-sending selectivity is larger for low-scoring students than high-scoring students. Hence, conditional on sending test scores, SAT takers send scores to slightly more selective US colleges in response to a higher refusal rate without changing the number of score sends.

7.3. Impact on enrollment

Because a higher expected F-1 visa refusal rate decreases the number of international SAT takers and discourages sending test scores to US colleges, it may also affect international enrollment. Assuming the marginal SAT taker has the same probability of enrolling in the US as the average SAT taker, the effect on SAT taking translates directly to enrollment. For example, in response to a 10 percent increase in the F-1 visa refusal rate, a 7.4 percent decrease in SAT takers implies an 7.4 percent decrease in international enrollment on average.

We estimate the impact of the F-1 visa refusal rate on US enrollment through score sending by using models (2) and (3), in which the outcome is an indicator for enrolling in the US conditional on taking the

 $^{^{21}\,}$ For the median and share to make sense, we require that a data point has at least three students.

Regression of the probability of sending scores.

	A. OLS estimates					
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	-0.058 (0.046)	-0.075** (0.036)	-0.066* (0.038)	-0.027 (0.037) -0.126^{***}	-0.125***	
······································				(0.035)	(0.036)	
			B. 2SLS estimates			
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate × Above 75th pctl	-0.174** (0.069)	-0.167*** (0.060)	-0.166*** (0.061)	-0.128** (0.062) -0.101** (0.042)	-0.110*** (0.042)	
Outcome mean F-stat on IV in 1st-stg Observations	0.451 60.76 709,213	0.451 61.04 709,213	0.451 61.11 709,213	0.451 30.40 709,213	0.451 313.49 709,213	
Student-level controls Region-year controls Year FE Region FE Region-year FE	No No Yes Yes No	Yes No Yes Yes No	Yes Yes Yes Yes No	Yes Yes Yes Yes No	Yes No No Yes	

Notes: The dependent variable is an indicator for sending scores to at least one US college. All region-year-level variables are measured in the time period prior to a student's high school graduation year and are in natural log. Region-year-level controls are the same as the those included in Table 4. Student-level controls include SAT quadratic, gender, age, parental education, and family income and in columns 4–5 an indicator for being above the 75th percentile. Data include SAT takers from 101 regions with the most takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table 6

IV regression of the composition of score sends.

		A	A. Number of score ser	nds			
	(1)	(2)	(3)	(4)	(5)		
F-1 visa refusal rate	-0.647	-0.281	-0.597	-0.369			
	(0.647)	(0.651)	(0.560)	(0.634)			
× Above 75th pctl				-0.394	-0.345		
Observations	210 001	210 001	210 001	(0.768)	(0.774)		
Outcome mean	6 958	6 958	6 958	519,881 6 958	6 958		
F-stat on IV in 1st-stg	71 27	71.34	73.86	37.07	311 45		
	,,	B. Se	lectivity: school SAT a	iverage	01110		
	(1)	(2)	(3)	(4)	(5)		
F-1 visa refusal rate	(18.250)	37.183**	40.177**	42.168**			
× Above 75th petl	(18.250)	(13.933)	(13.034)	(10.069)	8 171		
× Above 75th peu				(12 246)	(12499)		
Observations	315.876	315.876	315.876	315.876	315.876		
Outcome mean	1241	1241	1241	1241	1241		
F-stat on IV in 1st-stg	70.72	70.78	73.54	36.91	310.19		
		C. Sele	ectivity: school SAT m	aximum			
	(1)	(2)	(3)	(4)	(5)		
F-1 visa refusal rate	27.411	41.389**	38.567**	47.006**			
	(22.446)	(19.385)	(17.977)	(18.605)			
× Above 75th pctl				-14.411	-20.627**		
				(9.747)	(9.882)		
Observations	315,876	315,876	315,876	315,876	315,876		
Outcome mean	1337	1337	1337	1337	1337		
F-stat on IV in 1st-stg	70.72	70.78	73.54	36.91	310.19		
Student-level controls	No	Yes	Yes	Yes	Yes		
Region-year controls	No	No	Yes	Yes	No		
Year FE	Yes	Yes	Yes	Yes	No		
Region FE	Yes	Yes	Yes	Yes	No		
Region-year FE	No	No	No	No	Yes		

Notes: The dependent variables are the number of score sends to a US college (Panel A), average SAT (Panel B), and maximum SAT (Panel C) of the 2003 entering class at schools receiving scores. Data include only students who sent scores to at least one US college. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

IV regression of enrollment outcomes in the US.

		A. Proba	bility of enrolling a U	S college		
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	-0.144***	-0.123***	-0.118***	-0.125***		
	(0.050)	(0.046)	(0.045)	(0.046)		
× Above 75th pctl				0.021	0.035	
				(0.025)	(0.026)	
Observations	709,213	709,213	709,213	709,213	709,213	
Outcome mean	0.263	0.263	0.263	0.263	0.263	
F-stat on IV in 1st-stg	60.76	61.04	61.11	30.40	313.49	
	R Selectivity (average SAT) of the aprelled school					
		D. Selectivity	(average 5/11) of the c	school		
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	8.611	12.124	13.305	-18.068		
	(17.472)	(13.699)	(12.970)	(16.416)		
× Above 75th pctl				50.989***	52.522***	
-				(19.357)	(19.584)	
Observations	156,093	156,093	156,093	156,093	156,073	
Outcome mean	1213	1213	1213	1213	1213	
F-stat on IV in 1st-stg	66.63	66.93	69.13	34.61	266.35	
Student-level controls	No	Yes	Yes	Yes	Yes	
Region-year controls	No	No	Yes	Yes	No	
Year FE	Yes	Yes	Yes	Yes	No	
Region FE	Yes	Yes	Yes	Yes	No	
Region-year FE	No	No	No	No	Yes	

Notes: The dependent variables are an indicator for enrolling at a US college (Panel A) and average SAT score for the 2003 entering class at the US college enrolled (Panel B). See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

SAT. Table 7 presents 2SLS estimates. Columns 3–5 from Panel A show that on average, a 10 percent increase in the refusal rate decreases the enrollment probability at a US college by 4.5 percent (or 1.2 pp) among SAT takers, which implies a 4.5 percent decrease in the aggregate enrollment. High-scoring takers are slightly less influenced, but statistically indistinguishable from low-scoring takers. We report OLS estimates in Appendix Table A.4.

Although the impact on US enrollment probability conditional on taking the SAT is similar by academic ability group, there is a nuance. Panel B shows that conditional on enrolling in the US, a higher expected F-1 visa refusal rate increases the selectivity of the enrolled school slightly for high-scoring students but not for low-scoring students. Hence, despite sending scores to more selective schools (see Section 7.2), high-scoring students end up at more selective schools while low-scoring students do not.

We assess the impact of expected visa restrictiveness on aggregate international enrollment and academic ability using model (1). Table 8 has the same structure as Table 4. The pattern for the visa refusal rate coefficient is similar to the case of SAT takers. The 2SLS estimates indicate that on average, a 10 percent increase in F-1 visa refusal rate leads to a 12.2 percent (or 11.6 log points) decrease in new international enrollment. It also decreases the median SAT by 0.05 SD and the share of high-scoring students by 2.8 pp. Based on our earlier estimates and assuming that the enrollment probability for the marginal SAT taker is the same as the average SAT taker, about 60 percent of the impact on aggregate enrollment is through SAT taking, and about 40 percent is through influencing score-sending decisions.

Although coefficients for the region-year controls are not the focus of our paper, they are of interest in the literature on macro determinants of migration. Our estimates show that higher ability to pay for a US education (measured by real GDP per capita in USD), more imports from the US, greater trends of studying abroad (measured by enrollment in other popular destinations), and better chances of obtaining a work visa (measured by H-1B visa issuance) are associated with higher international student enrollment and more SAT takers. There is no consistent evidence that these factors are associated with the composition of international students to a large extent. We do not emphasize these results, because some of the measures can be quite noisy. For example, H-1B visa issuance may also reflect the number of H-1B applicants and the desire to stay in the US for employment.

7.4. Robustness checks

One potential concern about our results on the aggregate enrollment and enrollment effect through score sending is that estimates may partially reflect a mechanical effect of the visa refusal rate. That is, fewer students enroll because they are rejected by visa consular officers. While we use the refusal rate around the time students make score-sending decisions, the concern persists if visa refusal rates are highly serially correlated. To address this concern, we directly add the visa refusal rate in the period when potential visa appointments occur to our existing empirical framework. We also include a specification in which the average refusal rate for the previous 3 years is used instead of the rate for the previous year. Appendix Tables A.5, A.6 and A.7 show that the impact of the visa refusal rate on enrollment outcomes is primarily driven by the refusal rate prior to a student's high school graduation year. In addition, because our instrument for the F-1 visa refusal rate is not driven by student visa applicants and isolates the variation in visa restrictiveness, the 2SLS estimates help to tease out the mechanical effect.²²

Our results are robust to a number of alternative measures and sample selections. First, Appendix Table A.8 reports student-level estimates using a more flexible measure of academic ability, and it shows qualitatively the same results when using the SAT quadratic instead of an indicator for high-scoring students. Second, Appendix Table A.9 shows consistent results when using the number of high-scoring SAT takers/enrollees instead of the share in our region-level analysis. Third, because the number of score sends is count data in nature, we also report estimates from Poisson regressions in Appendix Table A.10, and find no difference. Fourth, our results are robust when excluding 10 regions entirely that become VWP members during our sample period. The main

 $^{^{22}}$ Estimating the mechanical effect of F-1 visa restrictiveness on international enrollment requires data on visa applications, which is beyond the scope of our paper.

Regression of the number and academic ability of new international students.

	Log(no. of enrollees)			Median	SAT in SD	% above	% above 75th pctl	
	OLS (1)	OLS (2)	2SLS (3)	OLS (4)	2SLS (5)	OLS (6)	2SLS (7)	
F-1 visa refusal rate	-0.622***	-0.434**	-1.155***	0.013	-0.537**	-0.084*	-0.284***	
Real GDP PC in USD	(0.196)	0.205***	0.194***	-0.065	-0.074	-0.015	-0.018	
Imports from the US		0.178***	0.148***	0.015	-0.008	0.011	0.003	
Exports to the US		0.050	0.052*	0.008	0.009	-0.003	-0.003	
College-aged pop.		0.215	0.216	-0.161	-0.160*	-0.048	-0.048	
Enrollment in other		0.076	(0.144) 0.077*	(0.100) 0.002 (0.026)	0.003	0.007	0.007	
H-1B issuance		0.130**	0.133***	0.058*	0.060*	0.032**	0.032**	
Outcome mean	4.081	4.081	4.081	5.226	5.226	0.409	0.409	
F-stat on IV in 1st-stg Observations	_ 1097	_ 1097	104.25 1097	- 1097	104.25 1097	_ 1097	104.25 1097	
Year FE Region FE	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	Yes Yes	

Notes: The dependent variables are, at the region-year-level, the number of SAT takers enrolled in the US in natural log, median SAT score among enrollees in SD unit, and the share of enrollees above the 75th percentile. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and the UK. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

results presented in the paper are mostly conservative compared with estimates that exclude the 10 regions entirely, which are reported in Tables A.11 and A.12. Lastly, since Chinese students account for a significant share of international student expansion, we also present our results with China in Tables A.13 and A.14. The magnitude of the coefficient of interest differs from the sample with China in only few cases, and the qualitative results remain the same.

7.5. Discussion of the heterogeneity in academic ability

Because the college application process is costly, an increase in the F-1 visa refusal rate decreases the expected value of pursuing a US education. We find that an increase in expected F-1 visa restrictiveness decreases foreign investment in a US college education prior to visa appointments. Specifically, there are fewer SAT takers, and SAT takers are less likely to send scores to US schools; both lead to a decrease in international enrollment in the US. Prospective students who send scores also send to more selective institutions, presumably to increase the expected value of studying in the US.

Notably, high-scoring students are more responsive to changes in visa restrictiveness than low-scoring students in terms of taking the SAT and sending scores to any US college. There are at least five possible reasons. First, high-scoring students may have better options elsewhere. Hence when the expected value of US college applications decreases, they are more likely to invest their time in other options. Major competitors with the US for international students include Canada, the UK, and Australia, where the risk of not obtaining a student visa is much lower. For example, the success rate in obtaining a student visa to study in the UK is over 98 percent in 2018.²³ In addition, many high-quality universities in these regions have made themselves more accessible to international students. For instance, the University of Cambridge and the majority of Australian universities have started to accept China's college entrance exam score in their admissions process.

Second, Rosenzweig (2006) argues that international students take degrees as a passage to work for higher wages in the US. Higher F-1 visa refusal rates lead to a smaller unconditional probability to work in the US and a smaller expected income when applying for US colleges. In fact, US colleges receive fewer score sends from international students in the top SAT quintile after a reduction in the probability of staying in the US to work (Kato and Sparber, 2013). Furthermore, we assume that high-scoring students would attend more selective institutions than low-scoring students in either the US or their home region. Results from Chen (2019) suggest that in the case of China, relative to low-scoring students, high-scoring students have lower job callback rates after returning home than if they had stayed. In other words, when the expected chance of staying in the US decreases, high-scoring students have a stronger labor market incentive to stay in their home region than low-scoring students.

Third, while sending scores to slightly more selective US institutions increases the expected benefit of college applications, we show in Section 7.2 that high-scoring students are less responsive on this dimension, especially for the most selective school they send scores to. This is likely because high-scoring students already send scores to selective US colleges and are limited in the scope of changing their application portfolio. While the 99th percentile of school selectivity (i.e., SAT score) is 1420, the maximum SAT of score sends is 1392 for high-scoring students. In contrast, the maximum SAT of score sends for low-scoring students is only 1272.

Fourth, we are interested in the impact of the region-level anticipated uncertainty in obtaining a visa, which reflects US policy toward a certain region. Theoretically, F-1 visa refusal rates may vary by student type. A particular concern is whether school selectivity is correlated with the chances of getting a visa. While we cannot obtain access to refusal data at the individual level, it is unclear how school selectivity would be correlated with the refusal rate. Visa officers may suspect the intention of a student who is going to a non-selective school, but they may also suspect that students going to a selective school are more likely to stay after graduation. In practice, prospective students form an expectation of overall visa restrictiveness from various online platforms, on which previous applicants share their experiences; news reporting on policy

²³ Source: www.gov.uk/government/collections/immigration-statisticsquarterly-release

shifts; and paid college consulting services. To the best of our knowledge, these sources do not offer information on visa restrictiveness by school selectivity. Our empirical strategy also isolates the variation in visa restrictiveness that is not driven by the composition of students.

Fifth, high-scoring students may use information on visa restrictiveness differently from low-scoring students. For example, they may have better access to the information and are better at calculating the expected benefit of completing the college application and visa process. It could also be that high-scoring students are more risk-averse, so that they particularly dislike a higher level of uncertainty. Future work may further explore why high-scoring students are more responsive to visa restrictiveness.

8. Conclusion

International students not only benefit local institutions and supply skilled labor especially for STEM jobs (Kerr, 2018); they are also important for cultural and political exchange. Student visa programs are a common policy tool for bringing global talent. Understanding how people make decisions to invest in global human capital is essential when designing relevant immigration and education policies. Our paper finds that the F-1 visa in the US has brought international students with academic ability higher than the average domestic student for college education. In addition, the anticipated chances of obtaining a visa affect international students' decisions on investing in a US education. A higher F-1 visa refusal rate decreases the quantity and academic ability of international students coming to the US, by discouraging students from taking the SAT and sending test scores, especially high-scoring students. over time, a different way to read our results is that a more welcoming entrance visa policy will not only attract more international students with higher SAT scores than the average domestic student, but also disproportionately more high-scoring international students.

Our results suggest that a more relaxed F-1 visa policy can stimulate the inflow of international students, which can be important in light of studies showing that many US public universities have relied on recruiting international students to offset state funding cuts and subsidizing domestic students (Bound et al., 2020; Chen, 2021; Shih, 2017)). A backof-the-envelope calculation indicates that a 10 percent decrease in the F-1 visa refusal rate would increase international undergraduate enrollment by about 13,807 students each year.²⁴ This implies a \$559 million increase in tuition revenue and living expenses from international undergraduate students in each cohort for each year.²⁵ This accumulates to \$9 billion in tuition revenue every 4 years.

Finally, note that the visa refusal rate is not the only measure of policy restrictiveness. Recent media have reported an increase in visa processing time and policies that decrease student visa duration and increase the SEVIS fee. In addition, our data do not observe a student's college outcome outside the US. Future work may want to take other types of immigration frictions into consideration and explore student outcomes if they do not come to the US.

Data availability

The data that has been used is confidential.

Appendix A. Appendix figures and tables



Fig. A.1. International undergraduate enrollment in the US.

Note: IPEDS data cover approximately 3000 US institutions that are Title VI, degree-granting, non-online, and always-reporting for the period of 2002–03 to 2017–18 academic years. Both total (stock) and new enrollment numbers are for full-time degree-seeking nonresident students from the Fall Enrollment Survey. Data from the Institute of International Education (IIE) also cover about 3000 US institutions and can be obtained at https://www.iie.org/Research-and-Insights/Open-Doors/Data.

Results from our paper suggest that F-1 visa restrictiveness has important welfare implications for students, institutions, and the US labor market. Policymakers who claim that their goal is to attract the best international migrants may especially want to take our results into consideration. Given that variation in the visa refusal rate go up and down ²⁴ We multiply 12.2 percent by the average of IIE's new international undergraduate enrollment in 2013-14 to 2017-18 academic years, which is 113,178. ²⁵ We compute the net expense as the cost of tuition and fees and living expenses minus funding support from US institutions using administrative data on all F-1 visa holders who started an undergraduate degree program in 2017. The average net expense is \$40,474 for 2017.





Fig. A.2. SAT and IPEDS data comparison for new international students in the US.

Note: Selective schools are defined as those categorized by Barron's rankings. Data cover US institutions that are Title VI, degree-granting, non-online, and always-reporting. IPEDS data are for full-time degree-seeking nonresident students from the Fall Enrollment Survey. SAT data are from the College Board.



(b) Without China

Fig. A.3. International undergraduate enrollment in the US by region. Note: Data include 176 regions for the period of 2002–03 to 2017–18 academic years and are obtained from the Institute of International Education at https://www.iie.org/Research-and-Insights/Open-Doors/Data.



Fig. A.4. Aggregate trends of international SAT takers, score senders, and enrollees. *Note:* The figure is based on data from the College Board. A score sender is an SAT taker who sent scores to at least one US college, and an enrollee is a taker who is matched to a US college enrollment record at the National Student Clearinghouse.



Fig. A.5. Rank of 2012 PISA versus mean SAT rank of test takers in 3 years.

Note: PISA data are from OECD, and SAT data are from the College Board. Ranks are based on math and verbal sections for both PISA and SAT. A total of 50 regions that have both 2012 PISA scores and at least 30 US enrollment in the 2015 high school graduating cohort are included. The SAT ranks are computed based on scores of SAT takers.



Fig. A.6. Visa refusal rates by type and region, 1999–2018 fiscal year.

Note: Data are obtained from the US Department of State via Freedom of Information Act requests. The figure shows refusal rates for the top 26–50 regions with the most SAT takers in 1999–2018 when they are not covered by the US Visa Waiver Program.

Table A.1

First-stage regression of the F-1 visa refusal rate.

	Region level (1)	SAT takers (2)	Score senders (3)	Score senders (4)	Enrollees (5)
B visa refusal rate	0.091***	0.114***	0.107***	0.107***	0.102***
	(0.010)	(0.015)	(0.012)	(0.012)	(0.012)
Real GDP PC in USD	-0.020	0.012	0.011	0.011	0.006
	(0.020)	(0.027)	(0.023)	(0.023)	(0.022)
Imports from the US	-0.024***	-0.022	-0.011	-0.011	-0.014
	(0.008)	(0.017)	(0.012)	(0.012)	(0.013)
Exports to the US	-0.001	0.008	-0.006	-0.007	-0.008
	(0.006)	(0.013)	(0.009)	(0.009)	(0.009)
College-aged pop.	0.002	-0.075	0.022	0.023	0.039
	(0.031)	(0.056)	(0.036)	(0.036)	(0.037)
Enrollment in other	0.008	0.024	-0.003	-0.003	-0.003
popular destinations	(0.008)	(0.016)	(0.010)	(0.010)	(0.010)
H-1B issuance	-0.005	-0.024**	-0.027**	-0.027**	-0.026**
	(0.008)	(0.010)	(0.011)	(0.011)	(0.010)
Outcome mean	0.242	0.224	0.221	0.221	0.192
Observations	1097	709,213	319,881	315,876	156,073
Student-level controls	No	Yes	Yes	Yes	Yes
Year FE	Yes	Yes	Yes	Yes	Yes
Region FE	Yes	Yes	Yes	Yes	Yes

Notes: The dependent variable is the F-1 visa refusal rate that varies at region-year level. Column 1 reports the first-stage regression for region-year-level regressions in Tables 4 and 8. Columns 2–5 report first-stage regressions for student-level regressions in column 3 of Tables 5 and 7. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Summary statistics of the sample for student-level analysis.

	SAT takers		SAT takers		Score s	Score senders		Enrollees	
	mean (1)	sd (2)	mean (3)	sd (4)	mean (5)	sd (6)			
Outcomes									
Send scores to ≥ 1 school	0.451	0.498	-	-	0.807	0.394			
No. of score sends	3.138	4.828	6.958	5.010	6.686	5.766			
Avg. school selectivity sent	-	-	1241	116	1238	105			
Enroll in a US college	0.263	0.440	0.471	0.499	-	-			
Selectivity of enrolled school	-	-	-	-	1213	123			
Visa restrictiveness									
F-1 visa refusal rate	0.224	0.177	0.221	0.184	0.198	0.168			
B visa refusal rate	0.208	0.140	0.207	0.147	0.192	0.142			
Standardized tests									
SAT	1041	227	1157	200	1157	205			
SAT above the 75th pctl	0.332	0.471	0.534	0.499	0.533	0.499			
Demographics									
Age	18.300	0.969	18.406	0.947	18.386	0.799			
Female	0.464	0.499	0.463	0.499	0.478	0.500			
Family income > \$120k	0.169	0.375	0.184	0.387	0.205	0.404			
Family income \$60-120k	0.213	0.409	0.215	0.411	0.238	0.426			
Family income \$20-60k	0.308	0.462	0.307	0.461	0.324	0.468			
Family income < \$20k	0.309	0.462	0.294	0.456	0.233	0.423			
Family income not reported	0.570	0.495	0.481	0.500	0.509	0.500			
At least one parent has college education	0.795	0.403	0.821	0.383	0.825	0.380			
Parental educ. not reported	0.288	0.453	0.174	0.379	0.193	0.395			
Observations	709,213		319,881		186,453				
with data on sch. selectivity	-		315,876		156,073				

Notes: Data include SAT takers and score senders from 101 regions not covered by the US Visa Waiver Program and have the most number of test takers in 2004–15. School selectivity is defined as the average SAT score for the 2003 entering class. Information on parental education and family income are collected as a part of test registration, though they are not required fields.

Table A.3

OLS regression of the composition of score sends.

	A. Number of score sends					
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	-0.023	0.034	0.051	0.413		
	(0.297)	(0.246)	(0.222)	(0.374)		
× Above 75th pctl				-0.722	-0.717	
				(0.641)	(0.653)	
Observations	319,881	319,881	319,881	319,881	319,881	
Outcome mean	6.958	6.958	6.958	6.958	6.958	
		B. S	electivity: school SA	Гaverage		
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	11.739	15.439	14.852	17.601*		
	(12.434)	(9.911)	(9.562)	(10.406)		
× Above 75th pctl				-5.299	-9.624	
				(9.768)	(10.055)	
Observations	315,876	315,876	315,876	315,876	315,876	
Outcome mean	1241	1241	1241	1241	1241	
		C. Se	lectivity: school SAT	maximum		
	(1)	(2)	(3)	(4)	(5)	
F-1 visa refusal rate	21.247	24.506*	20.810*	30.350***		
	(15.437)	(12.949)	(10.896)	(11.239)		
× Above 75th pctl				-18.686***	-24.470***	
				(6.960)	(7.110)	
Observations	315,876	315,876	315,876	315,876	315,876	
Outcome mean	1337	1337	1337	1337	1337	
Student-level controls	No	Yes	Yes	Yes	Yes	
Region-year controls	No	No	Yes	Yes	No	
Year FE	Yes	Yes	Yes	Yes	No	
Region FE	Yes	Yes	Yes	Yes	No	
Region-year FE	No	No	No	No	Yes	

Notes: The dependent variables are the number of score sends to a US college (Panel A), average SAT (Panel B), and maximum SAT (Panel C) of the 2003 entering class at schools receiving scores. Data include only students who sent scores to at least one US college. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

OLS regression of enrollment outcomes in the US.

	A. Probability of enrolling a US college						
	(1)	(2)	(3)	(4)	(5)		
F-1 visa refusal rate	-0.047	-0.050^{*}	-0.050*	-0.052^{*}			
	(0.030)	(0.027)	(0.027)	(0.028)			
× Above 75th pctl				0.006	0.019		
				(0.020)	(0.021)		
Observations	709,213	709,213	709,213	709,213	709,213		
Outcome mean	0.263	0.263	0.263	0.263	0.263		
	B. Selectivity (average SAT) of the enrolled school						
	(1)	(2)	(3)	(4)	(5)		
F-1 visa refusal rate	18.896**	14.938**	10.954**	-8.132			
	(9.351)	(5.956)	(5.336)	(10.409)			
× Above 75th pctl				33.388*	33.376*		
				(17.415)	(17.759)		
Observations	156,073	156,073	156,073	156,073	156,073		
Outcome mean	1213	1213	1213	1213	1213		
Student-level controls	No	Yes	Yes	Yes	Yes		
Region-year controls	No	No	Yes	Yes	No		
Year FE	Yes	Yes	Yes	Yes	No		
Region FE	Yes	Yes	Yes	Yes	No		
Region-year FE	No	No	No	No	Yes		

Notes: The dependent variables are an indicator for enrolling at a US college (Panel A), average SAT score for the 2003 entering class at the US college enrolled (Panel B), and an indicator for enrolling at a US college among score senders (Panel C). See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table A.5

Regression of the number and academic ability of new international students.

	Log(no. of enrollees)		Median	SAT in SD	% above 75th pctl		
	OLS (1)	OLS (2)	2SLS (3)	OLS (4)	2SLS (5)	OLS (6)	2SLS (7)
F-1 visa refusal rate	-0.349	-0.143	0.299	0.063	0.301	0.012	0.130
in the current period	(0.220)	(0.199)	(0.411)	(0.140)	(0.290)	(0.066)	(0.131)
F-1 visa refusal rate	-0.449**	-0.367*	-1.296***	-0.017	-0.678**	-0.089	-0.345***
in the previous period	(0.210)	(0.201)	(0.469)	(0.127)	(0.303)	(0.058)	(0.133)
Real GDP PC in USD		0.203***	0.200***	-0.064	-0.068	-0.015	-0.016
		(0.074)	(0.075)	(0.049)	(0.051)	(0.021)	(0.021)
Imports from the US		0.174***	0.156***	0.017	0.000	0.011	0.006
		(0.044)	(0.047)	(0.032)	(0.035)	(0.012)	(0.013)
Exports to the US		0.050	0.053	0.008	0.010	-0.003	-0.002
		(0.032)	(0.033)	(0.024)	(0.024)	(0.011)	(0.011)
College-aged pop.		0.216	0.214	-0.162	-0.163*	-0.048	-0.049
		(0.182)	(0.178)	(0.099)	(0.098)	(0.043)	(0.042)
Enrollment in other		0.076	0.077	0.002	0.003	0.007	0.008
popular destinations		(0.050)	(0.051)	(0.026)	(0.027)	(0.011)	(0.011)
H-1B issuance		0.130**	0.132**	0.058*	0.060*	0.032**	0.032**
		(0.055)	(0.054)	(0.033)	(0.033)	(0.016)	(0.016)
Outcome mean	4.081	4.081	4.081	5.226	5.226	0.409	0.409
F-stat on IV in 1st-stg	-	-	40.76	-	40.76	-	40.76
Observations	1097	1097	1097	1097	1097	1097	1097
Year FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Region FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Notes: The dependent variables are, at the region-year-level, the number of SAT takers enrolled in the US in natural log, median SAT score among enrollees in SD unit, and the share of enrollees above the 75th percentile. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and the UK. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Regression of the number and academic ability of new international students.

	Log(no. of enrollees)		Median SAT in SD		% above 75th pctl		
	OLS (1)	OLS (2)	2SLS (3)	OLS (4)	2SLS (5)	OLS (6)	2SLS (7)
F-1 visa refusal rate	-0.399*	-0.173	-0.029	0.068	0.069	-0.021	-0.016
in the current period	(0.208)	(0.178)	(0.326)	(0.126)	(0.232)	(0.059)	(0.100)
F-1 visa refusal rate	-0.738**	-0.668**	-1.774***	-0.054	-0.706**	-0.058	-0.257^{*}
in the last 3 periods	(0.289)	(0.270)	(0.536)	(0.140)	(0.337)	(0.059)	(0.133)
Real GDP PC in USD		0.203***	0.200***	-0.064	-0.068	-0.015	-0.016
		(0.073)	(0.077)	(0.049)	(0.052)	(0.021)	(0.022)
Imports		0.168***	0.141***	0.016	-0.004	0.012	0.006
		(0.045)	(0.049)	(0.033)	(0.036)	(0.012)	(0.013)
Exports		0.050	0.053	0.008	0.009	-0.003	-0.003
		(0.032)	(0.034)	(0.024)	(0.024)	(0.011)	(0.011)
College-aged pop.		0.222	0.230	-0.161	-0.156	-0.048	-0.046
		(0.181)	(0.179)	(0.099)	(0.100)	(0.043)	(0.043)
Enrollment in other		0.077	0.080	0.002	0.004	0.007	0.008
popular destinations		(0.050)	(0.052)	(0.026)	(0.027)	(0.011)	(0.011)
H-1B issuance		0.135**	0.145***	0.059*	0.065**	0.032**	0.034**
		(0.055)	(0.055)	(0.033)	(0.032)	(0.016)	(0.016)
Outcome mean	4.081	4.081	4.081	5.226	5.226	0.409	0.409
1st-stage F-stat	-	_	42.02	_	42.02	_	42.02
Observations	1097	1097	1097	1097	1097	1097	1097
Year FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Region FE	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Notes: The dependent variables are, at the region-year-level, the number of SAT takers enrolled in the US in natural log, median SAT score among enrollees in SD unit, and the share of enrollees above the 75th percentile. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and the UK. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table A.7

Regression of enrollment outcomes from student-level analysis.

	A. OLS estimates							
	Enr	olled	Enrolled	selectivity	Enrolled for senders			
	(1)	(2)	(3)	(4)	(5)	(6)		
F-1 visa refusal rate	-0.004	0.001	2.158	2.553	-0.003	-0.010		
in the current period	(0.023)	(0.021)	(6.813)	(6.395)	(0.031)	(0.030)		
F-1 visa refusal rate	-0.048*		9.928*		-0.056**			
in the previous period	(0.027)		(5.941)		(0.025)			
F-1 visa refusal rate		-0.088**		20.666***		-0.096***		
in the last 3 periods		(0.035)		(7.900)		(0.036)		
			B. 2SLS	estimates				
	(1)	(2)	(3)	(4)	(5)	(6)		
F-1 visa refusal rate	0.030	0.040	-8.940	-25.513	0.103	0.080		
in the current period	(0.053)	(0.049)	(19.935)	(17.304)	(0.083)	(0.069)		
F-1 visa refusal rate	-0.136**		18.318		-0.173**			
in the previous period	(0.054)		(18.189)		(0.078)			
F-1 visa refusal rate		-0.211***		63.850***		-0.221**		
in the last 3 period		(0.074)		(18.129)		(0.094)		
Outcome mean	0.263	0.263	1213	1213	0.471	0.471		
1st-stage F-stat	16.37	23.72	15.35	27.70	16.98	28.65		
Observations	709,213	709,213	156,073	156,073	319,881	319,881		
Student-level controls	Yes	Yes	Yes	Yes	Yes	Yes		
Region-year controls	Yes	Yes	Yes	Yes	Yes	Yes		
Year FE	Yes	Yes	Yes	Yes	Yes	Yes		
Region FE	Yes	Yes	Yes	Yes	Yes	Yes		

Notes: The dependent variables are an indicator for enrolling at a US college, selectivity of the enrolled college, and an indicator for enrollment among score senders. Columns 1–6 replicate column 3 in Table 7 with the addition of the current period F-1 visa refusal rate, respectively. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. **** = p < 0.01, *** = p < 0.05, and * = p < 0.1.

IV regression from student-level analysis with alternative measures of SAT.

	A. Score-sending behaviors						
	Send a	report	No. of	reports	Sent selectivity		
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	1.027***		13.816***		-78.669		
	(0.346)		(3.108)		(73.750)		
\times SAT(/100)	-0.214***	-0.244***	-2.631***	-2.620***	23.441**	17.651	
	(0.064)	(0.064)	(0.632)	(0.621)	(11.843)	(12.293)	
\times SAT ² (/10,000)	0.009***	0.010***	0.116***	0.117***	-1.104**	-0.931*	
	(0.003)	(0.003)	(0.034)	(0.033)	(0.529)	(0.543)	
Observations	709,213	709,213	319,881	319,881	315,876	315,876	
Outcome mean	0.451	0.451	3.138	3.138	1266	1266	
F-stat on IV in 1st-stg	20.25	153.25	24.74	84.69	24.63	83.37	
			B. Enrollmen	nt outcomes			
	Enrolled		Enrolled	selectivity			
	(1)	(2)	(3)	(4)			
F-1 visa refusal rate	0.703***		-166.061				
	(0.148)		(124.403)				
× SAT(/100)	-0.163***	-0.183***	14.151	13.341			
	(0.028)	(0.028)	(19.165)	(19.242)			
\times SAT ² (/10,000)	0.008***	0.009***	0.072	0.132			
	(0.001)	(0.001)	(0.785)	(0.787)			
Observations	709,213	709,213	156,073	156,073			
Outcome mean	0.263	0.263	1213	1213			
F-stat on IV in 1st-stg	20.25	153.25	23.05	108.39			
Student-level controls	Yes	Yes	Yes	Yes			
Region-year controls	Yes	No	Yes	No			
Year FE	Yes	No	Yes	No			
Region FE	Yes	No	Yes	No			
Region-year FE	No	Yes	No	Yes			

Notes: The dependent variables are an indicator for sending a score to at least one US college, the number of score sends, selectivity of score sends, an indicator for enrolling in a US college, selectivity of the enrolled college, and an indicator for enrollment among score senders. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table A.9

Regression of log of the number of high-scoring international students.

	SAT enrollees		SAT	takers	
	OLS (1)	2SLS (2)	OLS (3)	2SLS (4)	
F-1 visa refusal rate	-0.576**	-1.671***	-0.338	-1.053**	
	(0.243)	(0.464)	(0.222)	(0.458)	
Real GDP PC in USD	0.176*	0.159	0.326***	0.315***	
	(0.092)	(0.097)	(0.085)	(0.084)	
Imports from the US	0.219***	0.172***	0.210***	0.179***	
	(0.060)	(0.065)	(0.054)	(0.057)	
Exports to the US	0.013	0.016	0.045	0.047	
	(0.046)	(0.046)	(0.051)	(0.051)	
College-aged pop.	0.130	0.131	0.046	0.047	
	(0.251)	(0.248)	(0.228)	(0.226)	
Enrollment in other	0.121*	0.123*	0.169**	0.170**	
popular destinations	(0.069)	(0.072)	(0.066)	(0.067)	
H-1B issuance	0.234***	0.238***	0.233***	0.236***	
	(0.077)	(0.076)	(0.062)	(0.062)	
Outcome mean	3.066	3.066	3.980	3.980	
F-stat on IV in 1st-stg	-	90.70	-	90.70	
Observations	1097	1097	1097	1097	
Year FE	Yes	Yes	Yes	Yes	
Region FE	Yes	Yes	Yes	Yes	

Notes: The dependent variables are the number of new international enrollees in the US and SAT takers above the 75th percentile in natural log at the region-year-level. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and the UK. Data include 101 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Poisson regression of the number of score sends.

	A. OLS estimates						
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	0.014	0.008	0.002	0.026			
	(0.042)	(0.036)	(0.033)	(0.047)			
× Above 75th pctl				-0.037	-0.037		
X CAT(/100)				(0.056)	(0.056)	0 500	
X SAI(/100)						-0.390	
\times SAT ² (/10.000)						0.025	
0 (), (),						(0.003)	
			B. 2SLS	estimates			
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	-0.071	-0.046	-0.112	-0.126			
	(0.087)	(0.088)	(0.075)	(0.077)			
\times Above 75th pctl				0.031			
				(0.065)			
\times SAT(/100) \times SAT ² (/10,000)							
Outcome mean	6.958	6.958	6.958	6.958	6.958	6.958	
Control func. χ^2	71.423	71.490	74.021	206.243			
Observations	319,881	319,881	319,881	319,881	319,881	319,881	
Student level controls	No	Yes	Yes	Yes	Yes	Yes	
Region-year controls	No	No	Yes	Yes	No	No	
Year FE	Yes	Yes	Yes	Yes	No	No	
Region FE	Yes	Yes	Yes	Yes	No	No	
Region-year FE	No	No	No	No	Yes	Yes	

Notes: The dependent variable is the number of score sends to a US college. Data include only students who sent scores to at least one US college. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table A.11

Region-year-level IV regressions excluding regions ever a VWP member.

	Enrollees			SAT takers			
	Log(no.) (1)	SAT median (2)	% above 75th pctl (3)	Log(no.) (4)	SAT median (5)	% above 75th pctl (6)	
F-1 visa refusal rate	-1.295***	-0.556**	-0.299***	-0.879**	-0.331**	-0.166**	
	(0.373)	(0.232)	(0.096)	(0.376)	(0.165)	(0.065)	
Real GDP PC in USD	0.199**	-0.075	-0.020	0.372***	0.011	-0.011	
	(0.078)	(0.053)	(0.022)	(0.072)	(0.039)	(0.014)	
Imports	0.163***	-0.016	0.001	0.158***	0.012	0.009	
	(0.047)	(0.036)	(0.013)	(0.045)	(0.022)	(0.008)	
Exports	0.047	0.012	-0.002	-0.006	0.036**	0.010	
	(0.032)	(0.025)	(0.011)	(0.041)	(0.016)	(0.007)	
College-aged pop.	0.224	-0.157	-0.049	0.213	-0.117	-0.063**	
	(0.184)	(0.106)	(0.045)	(0.178)	(0.082)	(0.028)	
Enrollment in other	0.102^{*}	-0.008	0.005	0.138***	0.008	0.008	
popular destinations	(0.053)	(0.029)	(0.012)	(0.050)	(0.017)	(0.007)	
H-1B issuance	0.126**	0.065**	0.034**	0.199***	0.009	0.004	
	(0.054)	(0.033)	(0.016)	(0.049)	(0.019)	(0.009)	
Outcome mean	4.098	5.212	0.404	5.395	4.908	0.294	
F-stat on IV in 1st-stg	82.16	82.16	82.16	82.16	82.16	82.16	
Observations	1037	1037	1037	1037	1037	1037	
Year FE	Yes	Yes	Yes	Yes	Yes	Yes	
Region FE	Yes	Yes	Yes	Yes	Yes	Yes	

Notes: The dependent variables are the number of enrollees/SAT takers in natural log, median SAT score for enrollees/SAT takers in SD unit, and the share of enrollees/SAT takers above the 75®th percentile at the region-year-level. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and UK. Data include 91 regions with the most test takers in 2004–15 and in periods that are not covered by the US Visa Waiver Program. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Student-level IV regressions excluding regions ever a VWP member.

	A. Score-sending behaviors						
	Send a	a report	No. of reports		Sent selectivity		
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	-0.170***	-0.118*	-0.861	-0.437	47.227***	44.611***	
	(0.062)	(0.063)	(0.550)	(0.663)	(15.490)	(16.838)	
× Above 75th pctl		-0.142^{***}		-0.740		4.774	
		(0.040)		(0.877)		(13.192)	
Outcome mean	0.445	0.445	3.070	3.070	1266	1266	
F-stat on IV in 1st-stg	58.63	29.17	68.47	34.38	68.13	34.21	
Observations	695,275	695,275	309,272	309,272	305,324	305,324	
			B. Enrollme	nt outcomes			
	Enr	olled	Enrolled	selectivity	Enrolled for senders		
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	-0.106**	-0.112**	17.906	-15.809	-0.098	-0.188***	
	(0.045)	(0.046)	(13.071)	(18.299)	(0.060)	(0.064)	
× Above 75th pctl		0.016		50.411**		0.158***	
		(0.026)		(20.537)		(0.027)	
Outcome mean	0.257	0.257	1211	1211	0.465	0.465	
F-stat on IV in 1st-stg	58.63	29.17	62.99	31.60	68.47	34.38	
Observations	695,275	695,275	126,121	126,121	309,272	309,272	
Student-level controls	Yes	Yes	Yes	Yes	Yes	Yes	
Region-year controls	Yes	Yes	Yes	Yes	Yes	Yes	
Year FE	Yes	Yes	Yes	Yes	Yes	Yes	
Region FE	Yes	Yes	Yes	Yes	Yes	Yes	

Notes: The dependent variables are an indicator for sending scores to at least one US college, the number of score sends, selectivity of score sends, an indicator for enrolling in a US college, selectivity of the enrolled college, and an indicator for enrollment among score senders. All region-year-level variables are measured in the time period prior to a student's high school graduation year and are in natural log. See Table 5 for notes on controls and sample inclusion. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Table A.13Region-year-level IV regressions excluding China.

	Enrollees			SAT takers			
	Log(no.) (1)	SAT median (2)	% above 75th pctl (3)	Log(no.) (4)	SAT median (5)	% above 75th pctl (6)	
F-1 visa refusal rate	-0.971***	-0.569**	-0.309***	-0.609*	-0.323*	-0.164**	
	(0.326)	(0.236)	(0.097)	(0.345)	(0.168)	(0.067)	
Real GDP PC in USD	0.180**	-0.076	-0.020	0.353***	0.010	-0.011	
	(0.074)	(0.053)	(0.022)	(0.069)	(0.039)	(0.014)	
Imports	0.168***	-0.016	0.001	0.162***	0.012	0.009	
	(0.047)	(0.036)	(0.013)	(0.045)	(0.022)	(0.008)	
Exports	0.037	0.012	-0.002	-0.015	0.036**	0.010	
	(0.032)	(0.025)	(0.011)	(0.042)	(0.016)	(0.007)	
College-aged pop.	0.239	-0.163	-0.054	0.209	-0.118	-0.065**	
	(0.176)	(0.108)	(0.046)	(0.174)	(0.083)	(0.029)	
Enrollment in other	0.095*	-0.008	0.005	0.131***	0.008	0.008	
popular destinations	(0.052)	(0.029)	(0.012)	(0.050)	(0.017)	(0.007)	
H-1B issuance	0.075	0.067**	0.035**	0.157***	0.007	0.004	
	(0.049)	(0.034)	(0.017)	(0.044)	(0.020)	(0.009)	
Outcome mean	4.057	5.204	0.400	5.362	4.898	0.290	
F-stat on IV in 1st-stg	81.18	81.18	81.18	81.18	81.18	81.18	
Observations	1025	1025	1025	1025	1025	1025	
Year FE	Yes	Yes	Yes	Yes	Yes	Yes	
Region FE	Yes	Yes	Yes	Yes	Yes	Yes	

Notes: The dependent variables are the number of enrollees/SAT takers in natural log, median SAT score for enrollees/SAT takers in SD unit, and the share of enrollees/SAT takers above the 75th percentile at the region-year-level. All independent variables are measured in the time period prior to a student's high school graduation year and are in natural log. A region's enrollment in other popular destinations includes its higher education enrollment in Australia, Canada, and UK. Data include 90 regions with the most test takers in 2004–15. China and regions ever covered by the US Visa Waiver Program are excluded. Minimum enrollment of three students is required. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Student-level IV regressions excluding China.

	A. Score-sending behaviors						
	Send a	a report	No. of reports		Sent selectivity		
	(1)	(2)	(3)	(4)	(5)	(6)	
F-1 visa refusal rate	-0.160***	-0.140**	0.223	-0.211	18.423***	29.175**	
	(0.055)	(0.057)	(0.606)	(0.583)	(6.252)	(13.535)	
× Above 75th pctl		-0.057**		0.823*		-20.078***	
		(0.026)		(0.495)		(7.088)	
Outcome mean	0.440	0.440	2.662	2.662	1263	1263	
F-stat on IV in 1st-stg	77.25	38.47	35.97	18.01	73.29	46.65	
Observations	571,771	571,771	251,698	251,698	247,887	247,887	
			B. Enrollm	ent outcomes			
	Enr	olled	Enrolled	selectivity			
	(1)	(2)	(3)	(4)			
F-1 visa refusal rate	-0.056***	-0.064***	10.865	-4.296			
	(0.018)	(0.018)	(14.082)	(14.810)			
× Above 75th pctl		0.022**		25.717***			
		(0.010)		(9.896)			
Outcome mean	0.237	0.237	1202	1202			
F-stat on IV in 1st-stg	77.25	38.47	87.16	43.46			
Observations	571,771	571,771	109,599	109,599			
Student-level controls	Yes	Yes	Yes	Yes			
Region-year controls	Yes	Yes	Yes	Yes			
Year FE	Yes	Yes	Yes	Yes			
Region FE	Yes	Yes	Yes	Yes			

Notes: The dependent variables are an indicator for sending scores to at least one US college, the number of score sends, selectivity of score sends, an indicator for enrolling in a US college, selectivity of the enrolled college, and an indicator for enrollment among score senders. All region-year-level variables are measured in the time period prior to a student's high school graduation year and are in natural log. See Table 5 for notes on controls and sample inclusion. China and regions ever a VWP member are excluded. Clustered standard errors at the region-level are in parentheses. *** = p < 0.01, ** = p < 0.05, and * = p < 0.1.

Appendix B. Comparison with external data sources and total enrollment trends

Although our data contain detailed information on international students, they are not a census of international students in the US. We use two external sources to better understand the advantages and deficiencies of our data. The first primary data source on international students is the Fall Enrollment Survey in IPEDS, which contains the total and new undergraduate international student enrollment each fall at the school level. The other most commonly used data on international students come from an annual college survey conducted by the Institute of International Education (IIE), which covers about 3000 US institutions. The IIE survey contains the total international enrollment in the US by academic level and region. Appendix Fig. A.1 plots the trends of aggregate international enrollment using both IPEDS and IIE data. It is clear that the two datasets closely mirror each other. The total number of international undergraduates enrolled in the US was relatively flat before the 2007-08 academic year, and nearly doubled in 9 years to about 450,000 students.

Our SAT data allow us to create aggregate counts of newly enrolled undergraduates, but not the stock of total students. We first compare the trends of new international students in the SAT data with IPEDS in Panel (a) of Appendix Fig. A.2. The SAT data account for 59 percent of new international student enrollees at all undergraduate institutions in IPEDS, which suggests that there are alternative paths to the US, such as taking the other college entrance exam, ACT, or enrolling in colleges that do not require college entrance exams.²⁶ In Panel (b), we show the same trends for 4-year colleges and 231 selective institutions defined by Barron's rankings that are more likely to require a college entrance exam. We have slightly better coverage at 4-year colleges (63 percent of IPEDS), where most international students enroll. At selective institutions, our coverage is even better (82 percent of IPEDS).²⁷

Our data also differ from IPEDS and IIE in the definition of international students. Both IPEDS and IIE surveys define international students as temporary visa holders, so that they include international students who went to high school in the US. In 2016, 82,000 international students attended US high schools—triple the number a decade earlier (Farrugia, 2017). The increase is primarily driven by China. Most international students in US high schools seek to pursue a US higher education, which likely contributes to the difference between our data and IPEDS.

Note that the trends of new international students shown in Fig. 2 are similar to the trends of international student stock by region shown in Appendix Fig. A.3, which uses the IIE data. China is the primary driving force in international student increases since 2008.

References

Akyol, Ş.P., Krishna, K., Wang, J., 2019. Taking Pisa Seriously: How Accurate are Low Stakes Exams? NBER Working Paper.

²⁶ To the best of our knowledge, international ACT takers are only about 10 percent of all international students who take either an SAT or ACT, based on data provided by the ACT in 2014.

Amuedo-Dorantes, C., Shih, K., Xu, H., 2021. International student enrollments and selectivity: evidence from the optional practical training programMimeo.

Anelli, M., Shih, K., Williams, K., 2023. Foreign students in college and the supply of stem graduates. J. Labor Econ. 41 (2), 511–563.

Beine, M., Docquier, F., Rapoport, H., 2001. Brain drain and economic growth: theory and evidence. J. Dev. Econ. 64 (1), 275–289.

Beine, M., Docquier, F., Rapoport, H., 2008. Brain drain and human capital formation in developing countries: winners and losers. Econ. J. 118 (528), 631–652.

 $^{^{27}}$ The coverages at 4-year and selective institutions are underestimated. We cannot identify college types for 5.4 percent of the international student sample because the NSC blocks their institutional names.

Bertoli, S., Moraga, J.F.-H., 2013. Multilateral resistance to migration. J. Dev. Econ. 102, 79–100.

- Bound, J., Braga, B., Khanna, G., Turner, S., 2020. A passage to america: university funding and international students. Am. Econ. J. 12 (1), 97–126.
- Bound, J., Demirci, M., Khanna, G., Turner, S., 2015. Finishing degrees and finding jobs: US higher education and the flow of foreign it workers. Innov. Policy Econ. 15 (1), 27–72.
- Bound, J., Turner, S., Walsh, P., 2009. Internationalization of US Doctorate Education. NBER Working Paper.
- Brinatti, A., Chen, M., Mahajan, P., Morales, N., Shih, K., 2023. The impact of immigration on firms and workers: insights from the H-1B lottery.
- Card, D., Krueger, A.B., 2005. Would the elimination of affirmative action affect highly qualified minority applicants? Evidence from california and texas. Ind. Labor Relat. Rev. 58 (3), 416–434.
- Chen, M., 2019. The Value of US College Education in Global Labor Markets: Experimental Evidence from China. Industrial Relations Section Working Papers.
- Chen, M., 2021. The impact of international students on us colleges: higher education as a service exportAvailable at SSRN 3859798.
- Dale, S.B., Krueger, A.B., 2002. Estimating the payoff to attending a more selective college: an application of selection on observables and unobservables. Q. J. Econ. 117 (4), 1491–1527.
- Docquier, F., Rapoport, H., 2012. Globalization, brain drain, and development. J. Econ. Lit. 50 (3), 681–730.
- DOS, 2019. Report of the Visa Office 2018The US Department of State.
- Farrugia, C., 2017. Trends in International Secondary Students in the United States, 2013–2016. Institute of International Education.
- Fischer, K., 2020. With coronavirus keeping them in U.S., international students face uncertainty. So do their colleges. Chron. High. Educ.. https://www.chronicle.com/ article/with-coronavirus-keeping-them-in-u-s-international-students-face-uncertainty -so-do-their-colleges/.

Hoxby, C., Turner, S., 2013. Expanding College Opportunities for High-Achieving, Low Income Students. Stanford Institute for Economic Policy Research Discussion Paper.

IIE, 2019. Open Doors Report on International Educational Exchange. Institute of International Education.

- Kato, T., Sparber, C., 2013. Quotas and quality: the effect of H-1B visa restrictions on the pool of prospective undergraduate students from abroad. Rev. Econ. Stat. 95 (1), 109–126.
- Kerr, W.R., 2018. The Gift of Global Talent: How Migration Shapes Business, Economy & Society. Stanford University Press.
- Khanna, G., Shih, K., Weinberger, A., Xu, M., Yu, M., 2020. Trade liberalization and Chinese students in US higher educationMimeo.
- Kless, S.H., 2006. Impact of changing immigration policies on higher education institutions and their international students and scholars. In: 27th National Conference on Law and Higher Education.
- Loury, L.D., Garman, D., 1995. College selectivity and earnings. J. Labor Econ. 13 (2), 289–308.

Lovenheim, M., Smith, J., 2023. Returns to different postsecondary investments: institution type, academic program, and credentials. Handbook of Economics of Education. Mountjoy, J., Hickman, B., 2019. The returns to college(s): estimating value-added and

Mountjoy, J., Hickman, B., 2019. The returns to college(s): estimating value-added and match effects in higher education. Working Paper.

- Pallais, A., 2015. Small differences that matter: mistakes in applying to college. J. Labor Econ. 33 (2), 493–520.
- Redden, E., 2019. China Issues Warning to U.S.-Bound Students. Inside Higher Ed.
- Rosenzweig, M.R., 2006. Global wage differences and international student flows [with comments and discussion]. In: Brookings Trade Forum, pp. 57–96.
- Shaw, E. J., 2015. An SAT® validity primerCollege Board Research Paper.
- Shih, K., 2016. Labor market openness, H-1B visa policy, and the scale of international student enrollment in the United States. Econ. Inq. 54 (1), 121–138.
- Shih, K., 2017. Do international students crowd-out or cross-subsidize americans in higher education? J. Public Econ. 156, 170–184.
- Smith, J., 2018. The sequential college application process. Educ. Finance Policy 13 (4), 545–575.

UNCESCO, 2020. http://uis.unesco.org.

Westrick, P. A., Marini, J. P., Young, L., Ng, H., Shmueli, D., Shaw, E. J., 2019. Validity of the SAT® for predicting first-year grades and retention to the second yearCollege Board Research Paper.